



# Weekly Newsletter

FRIDAY 11th JULY 2025

&

FRIDAY 18th JULY 2025

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# Latest News

Dear Parents and Carers,

For the final newsletter of this academic year 2024-25, there's so much to share, especially because it's a two-weeker (as I didn't get round to sending last week's out!)



What a brilliant time and amazing achievement for Year

6 last week as they all conquered Moel Famau on a very hot and sunny day!

And what a wonderful achievement for Mohammed-Zayn, Ariya and Theo from Year 5, who were all finalists in this year's Dot Art Award. Ariya's artwork even hung in the Walker Art Gallery in



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It was a joy to see so many of you at this year's Knottyashtonbury last week. Special thanks to Ms Rodgers, Mrs Petyt, Mrs Carson and Mrs Kehoe for putting the event together, and of course to Sonny's dad for the music! In total, the event raised £1800 which will help fund trips and events for the children in school next year.



We are incredibly proud of the children from the Knotty Ash & Liverpool Signing Choirs, who were invited to perform at a prestigious National Diversity Event held at HSBC headquarters in Birmingham.

Their heartfelt performance promoted Deaf awareness and celebrated the beauty of British Sign Language BSL through signed songs. By sharing the message "Our Voices Are In Our Hands," these talented young people are helping bring sign language to communities across the country and showing the powerful impact of inclusion, expression, and unity.

Well done to everyone involved — your voices truly shone through your hands.



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# End of Year Class Awards

We presented awards to children in each class, under the same 5 categories. The first 3 reflect excellence and enthusiasm in our Inclusive Curriculum areas:

1. Culture & Creativity - including History, Art, Music and Drama
2. Science & Discovery - including Science, Geography, Computing and DT
3. Communities & Diversity - including RE, understanding ourselves and each other

The next 2 cover other areas of importance:

4. Sporting Development and Achievement
5. Kindness

Well done to all our  
our winners 2024!



Nursery



DRB



Reception



Year 1



Year 2



Year 3



Year 4



Year 5





Year 6 treated us to a brilliant performance at their Leavers' Evening on Tuesday. They showed just how confident, creative and collaborative they are!

Their play was wonderfully acted, sung, signed and danced.



Well done to Miss Hunter for writing, directing and motivating, and to the Year 6 staff team for pulling the whole thing together. But, of course, a huge well done to Year 6 themselves for bringing their classic humour and team spirit to the entire evening.

... and their final week continued making memories together, and reinforcing friendships that will hopefully last for years to come.



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# Goodbye Year 6



*Class of 2024*

Year 6 has been a wonderful, supportive and fun-loving class, and we're going to miss them very much.

Goodbye and Good Luck to...

Ethan

Theo

Elliot

Sam

Amy

Kai

James

Emily

Kyra

India

Savannah

Kaydn

Harry

Flo

Rufus

Paige

Lottie

Cece

Oliver

Olivia

Thomas

Emma

Summer

Charlotte

Oliver

Kaiden

Flynn

Will

Darcie

Charlie

We're so proud of the people you are, your friendships and achievements so far.

Keep shining, superstars!

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Wishing a fun, peaceful and relaxing Summer break to all our wonderful Knotty Ash families, staff and community.

Miss Clements x



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Over the Summer break, we will continue to host events in the school hall on a Saturday and Sunday evening.

Bags of food need to be booked in advance (see below for how to do this.) It's not a food bank; it's saving food from landfill :)



**SATURDAY EVENTS**

11 - 12pm  
Open Event - No booking required  
St Hilda's Church, Stuart Avenue, L25 0NG

12 - 1pm  
Open Event - No booking required  
Methodist Centre, Atherton Street, Prescot, L34 5QN

10pm  
Bagged Event - Bookings open at 7am  
Elm Hall Drive Methodist Church, Elm Hall Drive, L18 1LF

10pm  
Bagged Event - Bookings open at 7am  
Knotty Ash Primary School, Thomas Lane, L14 5NX

By working in partnership, saving surplus food & building community: great things can happen!



**SUNDAY EVENTS**

6pm  
Bagged Event - Bookings open at 7am  
The Place To Be, Eastern Avenue, L24 2SX

10pm  
Bagged Event - Bookings open at 7am  
Knotty Ash Primary School, Thomas Lane, L14 5NX

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community: great things can happen!



**HOW TO BOOK BAGS**

- Send us a message via messenger at 7am on the day you want to collect, bookings before 7am are not accepted.
- If there is more than 1 event that evening, please specify the event you wish to attend.
- All bags are allocated on a 1st come, 1st served basis in the order we receive messages.
- Please only send 1 message, someone will always reply, if you message multiple times you will lose your place.
- If you are allocated a bag, it will be ready for collection at 10pm.
- Please only request 1 bag per household per 7 day period.

By working in partnership, saving surplus food & building community: great things can happen!



**Zero Waste - Liverpool**

7.2K likes • 11K followers

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Posts About More ▾

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# What have we been learning?

## Nursery 11/7/25



Nursery have had a busy week finding out all about the different homes we live in . We found out that some houses have no stairs and they are called Bungalows! We found out that we all live in different types of houses and we sent photos in so we could all look on the whiteboard at each others houses. We also sorted furniture and put the furniture into the correct rooms in houses.

In maths we ordered numbers up to 10 and put the numbers in the correct places when they got muddled up. We worked out which numbers were missing on the number line too,

Adele came to visit us from the children's centre to read us a story about healthy eating . We were very good at talking about the right choices to make and we showed Adele some of our healthy snack options . Only one week to go in Nursery for lots of us. We are all ready to make the step up to the Reception Class now!

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# What have we been learning?

## Reception 11/7/25



This week reception have loved bringing their teddy bears into school and having a picnic on the field! They enjoyed snacks, lollies, games, and stories! Everyone had so much fun!

They children did some lovely writing about the mini beasts they made last week!! We are all so proud of the children and their reading and writing journey!

We finished the week by watching the Year 6 leavers play in the hall!!! It was amazing!!!

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# What have we been learning?

## Reception 18/7/25



Good bye and good luck to reception class 2024/2025! We have had the very best year together!

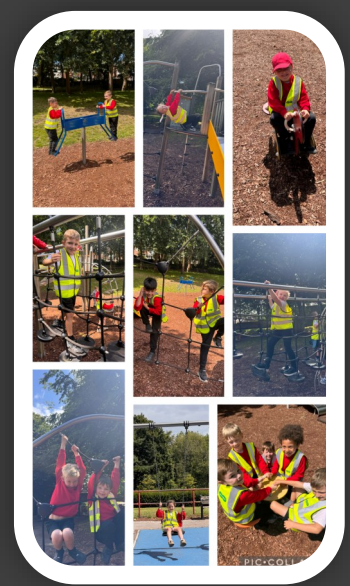
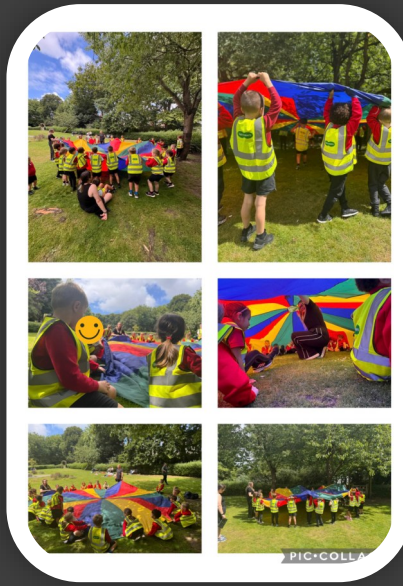
Enjoy your summer and see you when you come back as Year 1's.

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# What have we been learning?

## Year 1 11/7/25



What a wonderful start to the week we had in Year 1! We went to New Brighton for the day for our school trip. We met Steve from the New Brightoners who took us along the beach with litter pickers and bins to help clean up the beach. We then went to Vale Park and played parachute games as well as spending some time on the swings and slides. The children had a lovely day and were beautifully behaved whilst out and about. In Maths, we continued securing our knowledge of fractions when learning about halves. At the end of the week, we then moved on to learning about quarters. The children have been brilliant with this new tricky topic. In English, we learnt about time conjunctions and used them at the start of our sentences when writing a recount about our school trip. We finished the week watching the Year 6 dress rehearsal, which was a great end to a fun filled week. We hope all of our families enjoy a lovely, sunny weekend.

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# What have we been learning?

## Year 1 18/7/25



What lovely week we've had to end a successful school year. The children have enjoyed their forest school session this week and having the opportunity to audition for and watch the talent show. We also had a visit to school, to talk about the importance of looking after our teeth. The children engaged in a variety of practical activities to deepen their understanding which as you can see from the pictures, they thoroughly enjoyed it. We hope all our families have a lovely summer break!

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# What have we been learning?

## Year 2 11/7/25



Year 2's week got off to a great start with our lovely trip to New Brighton on Monday. Everything went so well - We had a lovely bus driver (thanks Jane!), a brand-new bus, the sun shone all day and nobody lost any of their lunch to a hungry seagull! We were lucky enough to be met on the beach by Steve, a member of the New Brighteners - a local community organisation dedicated to keeping the beach clean. He spoke to us about plastic pollution and what kind of things wash up on the shore. The children had a wonderful time and all behaved beautifully of course. There are more lovely activities to come as we wind our way to the summer holidays: poetry writing, rounders, the Yr 6 play. Who doesn't love the last summer term in a primary school? Have a lovely weekend everyone.

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# What have we been learning?

Year 3 11/7/25



Another mammoth week for Year 3. We have been learning about the life and career of Sir David Attenborough and found he has had an amazing life. In Maths we have been looking at angles, learning that an angle smaller than a right angle is acute whilst greater than a right angle is obtuse. In Science we have learnt about how humans are affecting habitats and climate change. The children also learnt about food chains and how all producers and consumers are interlinked.

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# What have we been learning?

## Year 3 18/7/25



A fabulous end to a busy year. We have enjoyed spending the year with this wonderful group of children and can't wait to see them continue to grow just next door with Mr Myles. We wish them all an amazing summer of fun and laughter, they have been a pleasure!



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# What have we been learning?

## Year 4 11/7/25



Year 4 have had a very busy but exciting week! In English, we have finished our biographies on David Attenborough and the children presented them beautifully in their Showcase Writing Books. They all worked so hard and should be so proud of their final outcomes!

In Maths, we have been exploring hundredths as fractions and decimals. We have also been using place value charts to help us understand how decimals can be partitioned.

The class made the most of the sunny weather on Wednesday playing a game of rounders outside. It was great to see them gain more confidence in using a bat to send the ball and everyone gave it 100% taking part in both batting and fielding.

Year 4 explored the work of Henri Matisse and created their own scissor paintings inspired by his work in Art. They focused on drawing shapes, cutting and layering to create beautiful, colourful and bright pieces of art!

On Thursday, we had a special visit from Sophie's Dad who brought some of their stick insects to share with the class. It was such an exciting opportunity to see them up close and Sophie shared lots of her knowledge on their diet, habitat and even taught us how they can climb due to their sticky feet!

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# What have we been learning?

## Year 4 18/7/25



What a cracking week we have had in Year 4... our final week of the year!

We have got up to lots of exciting activities, such as testing our general knowledge on a Quiz on different countries around the world and we spent some time researching the countries we are representing for our Year 4 Women's Euros Competition! It was wonderful to hear the children share their learning through presentations to the class. They did a fantastic job!

To finish off our week we were all entertained at our Knotty Ash Talent Show! The year 4 children did amazingly in our class auditions and Sophie and Poppy took to the stage to represent our class! They both had energetic and amazingly skilled dance routines. Well done girls!

I hope all of our Year 4 children and families have a super summer holiday! I can't wait to see you all again in September! Roll on Year 5!!!

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# What have we been learning?

Year 5 11/7/25



Well done to Year 5 on what has been another excellent week! It's been hard in the heat but the class have stayed focused and cool all week! In Maths, we were able to explore finding parts of a whole number using fractions. In English, we looked at description and planned a story which we will read to reception next week! In our Inclusive Curriculum, we have been exploring the different Earthshot prizes which look at improving our planet's sustainability! As well as this, some children also enjoyed a day at a chess tournament in town and football golf at Aintree! What a week!

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# What have we been learning?

## Year 6 11/7/25



Year 6 have had a wonderful, penultimate week at Knotty Ash! It's been filled with play practice: singing, dancing and signing and we are all very excited for our final performance on Tuesday night! The highlight of the week was our amazing school trip to Moel Famau on Thursday. All the children totally embraced the challenge and even on a very hot day, all made it to the top with smiles on their faces. Lots of our children I think we have a lot of budding hikers in our hands. They were praised for their impeccable behaviour so thank you year 6 for making this a lovely day to remember! We have also had a lovely finally session with LFC on Tuesday, doing relays and healthy eating games. We also had 4 year 6s who very made it to the Liverpool City Championships for athletics who did us very proud. Theo became city champion in the 75m and 2<sup>nd</sup> in the high jump and the boys relay did an amazing job! Well done everyone!

I've also attached athletics pictures where Theo became city championship in 75m and came 2<sup>nd</sup> in high jump. The year 6 boys relay team also did us all proud and should be incredibly proud of reaching the city championships.

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# What have we been learning?

## Year 6 18/7/25



Year 6 have had a wonderful final week and send off from Knotty Ash! I have to say it's been very special. You made us all very proud and wowed us all with your performance of Knotty Ash Here we go again! You made everyone laugh and cry in a night to remember. We've had so many exciting highlights- soaking each other and the teachers at our water fight in forest school, a cooked breakfast, performing at Knottashtonbury and the talent show! And of course saying goodbyes and making final memories we will cherish. Thank you, year 6 for making this year so enjoyable- you have been a pleasure and I will always remember you all as a very special first class. You are a wonderful group of young people with such bright futures ahead who will be missed at Knotty Ash! Remember to come back and visit us and always believe in yourselves- you are incredible! Ms Hunter, Mrs Petyt, Miss McCormick, Mr Murphy and all your KA family x

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# What have we been learning?

## DRB 1 11/7/25

With just one more week to go before the summer holidays, we've been making the most of our time in class!

The children have been busy finishing their BSL stories and have loved retelling them to each other. We've especially enjoyed exploring *The Rainbow Fish*, learning all about kindness, sharing, and how to be a good friend.

In maths, we've been consolidating our understanding of time focusing on o'clock and half past. The children can now confidently recognise that when the long hand is on the 12, it's o'clock, and when it's on the 6, it's half past.



We also had lots of fun baking tasty biscuits with our friends from Junior DRB in preparation for our coffee morning with families – it was such a lovely event, and we really enjoyed sharing our bakes with you! We made lemon, vanilla, and chocolate chip biscuits, which were a big hit with everyone.

To top off a fantastic week, we enjoyed a trip to New Brighton on Monday with our KS1 mainstream friends. We had a lovely stroll to the park and the beach, and we even took part in a litter-picking activity to help keep our environment clean and plastic-free. It was a fun and meaningful day, and the children really enjoyed making a positive difference.

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# What have we been learning?

## DRB 2 11/7/25



It's hard to believe we're approaching the final week of the school year – the time has truly flown by, and this week was no exception!

In maths, the children have been busy recapping key concepts from throughout the year, including addition, subtraction, shape, and time. It's been lovely to see how much they've remembered and how confidently they've tackled each challenge.

In Language, Ann has been teaching the children about the differences between BSL and English. One key difference is sentence structure: while English follows a subject-verb-object order (e.g., "I am going to the shop"), BSL uses a topic-comment structure, which would be signed as "Shop me go."

A special shout out goes to India and Kyra, who, alongside Mrs Edwards and Mrs Pierssene, completed the impressive climb up Moel Famau this week. They reached the summit in a very respectable time – under an hour! A brilliant achievement and a proud moment for them all. Well done, girls!

One more week to go!

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# Attendance



Class	Attendance
Reception	95.0%
Year 1	90.7%
Year 2	95.1%
Year 3	97.1%
Year 4	93.1%
Year 5	94.6%
Year 6	95.0%

**Whole school attendance this week 94.4%**

**Class attendance winners Year 3 with 97.1%**

**Congratulations to Year 3 — GREAT attendance!**

Remember, every child should be in school every day,  
unless they are too ill. For support, give us a call!

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# Online Safety

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about

# HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

### 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on when your child is communicating with in the digital world.

### 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

### 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

### 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

### 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5767 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

### 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

### 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

### 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

### 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

### 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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#WakeUpWednesday

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

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# ONLINE SAFETY NEWSLETTER

## SOCIAL MEDIA SAFETY – PRIVACY SETTINGS AND POSITIVE ONLINE INTERACTIONS

ISSUE 9

### PRIVACY SETTINGS

Privacy settings play a crucial role in protecting children while they explore the internet and play online games. As a parent, it's important to regularly review and adjust these settings on your child's devices, apps, and gaming platforms.

Make sure that personal information such as names, locations, and school details are not public and any social media accounts that they have are set to private.

Most games and platforms also allow you to limit who can talk to your child—set these options to “friends only”.

Customising these settings gives your child a safer and more secure online experience in just a few minutes.



### HAVING POSITIVE ONLINE INTERACTIONS

Helping your child build positive habits online starts with open conversations at home. Talk to them about treating others with the same kindness they would in person, and remind them that words typed on a screen can have an impact.

Encourage them to block and report bullying and praise examples of empathy or support they show to others online. By staying involved and demonstrating respectful digital behaviour, you help your child create safer, more positive experiences online.

Scan the QR code to find out more:



### GAME SPOTLIGHT - AMONG US



This week's game spotlight is **Among Us**. Among Us is a game that is based on the theme of 'whodunit'. A game where one or more players are 'imposters' who sabotage the others, while the others have to figure out who is 'sus' or suspicious. It can be played privately with friends or online with strangers.

- Among Us has a PEGI 7 rating in the UK.
- The game includes a Quick Chat mode that restricts chat to preset phrases—Ideal for younger players.
- Encourage children to play in private lobbies with friends and disable free chat.

Scan the QR code to learn more:







# Who's Who?

## Leadership Team

**Miss Clements**    Headteacher

**Mr England**    Deputy Headteacher & SENDCo

**Ms Sweeney**    Head of Deaf Resource Base

**Mrs O'Hanlon**    Forest School and Mental Health Lead

**Mrs Carson**    School Business Manager

## Teachers

**Mrs Davies**    Nursery

**Mrs England**    Reception

**Mrs Nugent**    Year 1

**Mr Houghton**    Year 2

**Mrs O'Hanlon/Mrs Cartwright**    Year 3

**Miss Kerr**    Year 4

**Mr Hall**    Year 5

**Miss Hunter**    Year 6

**Mrs Woods**    DRB 1

**Mrs Rigg**    DRB 2

**Mrs Murphy**    Spanish & Interventions

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# Term Dates 2025-6

## Autumn Term

INSET DAY Monday 1st September

START OF TERM Y1-Y6 Tuesday 2nd September

HALF TERM 27th—31st October

INSET DAY Monday 3rd November

END OF TERM Friday 19th December

## Spring Term

INSET DAY Monday 5th January

START OF TERM Tuesday 6th January

HALF TERM 16th—20th February

END OF TERM Friday 27th March

## Summer Term

INSET DAY Monday 13th April

START OF TERM Tuesday 14th April

HALF TERM 25th—29th May

INSET DAY Monday 1st June

END OF TERM Friday 17th June

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# Family Activities & Support

The latest edition of the Liverpool Parenting Newsletter is here.

[www.allabout-family.co.uk/liverpool](http://www.allabout-family.co.uk/liverpool)

You will find new information about local support available for families and children in Liverpool, along with information regarding events and activities on offer running from March to May 2023.

We have also been sent information about Family Learning and Engagement Courses run by LCC Adult Learning Service. This can be found on our school website, link here:

<https://knotty-ash-primary-school.secure-primariesite.net/family-information-and-support/>

For families in receipt of benefits related free school meals, there are a variety of activities over the Summer break, all of which are free and include a meal:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

Locally, St John's Church offer a range of community groups and activities for families:

<https://www.stjohnsknottyash.org/our-community>

There's also a range of groups and activities available at Yew Tree Children's Centre for parents whose children are 0-5 years.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/yew-tree-childrens-centre/>

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## **JOIN OUR** **FRIENDS OF BRIGHT PARK** **VOLUNTEER COMMUNITY**

Come and be a part of developing and maintaining the park and its programmes.

### **Get Involved With:**

- Park Maintenance
- Educational Activities
- Event Organising
- Administration
- Holiday Clubs
- Fundraising



**Come visit us at:**

Bright Park,  
81 Thomas Lane,  
Knotty Ash, L14 5NS



**REGISTER NOW**



0151 903 9488



[connect@brightpark.co.uk](mailto:connect@brightpark.co.uk)



# Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



Lean meat  
& alternatives



A Healthy Lunch Box



MAKE WATER  
YOUR DRINK



PACK ICE BRICKS  
TO KEEP FOOD  
COOL



USE A THERMOS  
TO KEEP FOOD  
WARM



Health

This resource was developed and designed by the Health Promotion Service, Western Sydney Local Health District, with contribution by South Eastern Sydney Local Health District and Western Downs Local Health District.

[60 kids' lunchbox recipes | BBC Good Food](#)

[School packed lunch inspiration | BBC Good Food](#)

[Healthy packed lunches - British Nutrition Foundation](#)

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**ST. JOHN KNOTTY ASH**  
WEDNESDAY 27TH AUGUST  
10:30-2PM

# SUMMER OF HAPPINESS

Sir Ken Dodd Happiness  
Hall, Thomas Lane, L14 5NR

Fun Family activities: Lego/Duplo stations,  
water/bubble play,  
face paints, Musical games/Dance sessions wellbeing  
and mindfulness activities

'Little Buds' yoga for  
Kids with  
THE BODHI TREE  
11-11:30 tots (age 3-6  
years)  
11:30-12:00 bigger Kids  
(age 7-10)

**FREE**

Free Lunch  
provided from 12pm

Register on Eventbrite  
to secure your place



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It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

### **Other illnesses** Follow this advice for other illnesses:

#### **Coughs and colds**

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

#### **High temperature**

If your child has a [high temperature](#), keep them off school until it goes away.

#### **Chickenpox**

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

#### **Cold sores**

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or to share things like cups and towels.

#### **Conjunctivitis**

You don't need to keep your child away from school if they have [conjunctivitis](#).

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

#### **COVID-19**

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

#### **Ear infection**

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

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## Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough, there's no need to keep them off school. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

## Head lice and nits

There's no need to keep your child off school if they have head lice but tie hair back. You can treat head lice and nits without seeing a GP.

## Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups.

## Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

## Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

## Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

## Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

## Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

## Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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