



Weekly Newsletter

FRIDAY 28th FEBRUARY 2025

Loving Learning Together



Latest News

Dear Parents and Carers,

Welcome back to a new half-term, and hasn't it been lovely to see a bit of sunshine this week!

Staff Updates

This week, we are delighted to welcome Mrs Murphy back from maternity leave! She will be teaching Phonics and Spanish to different classes, as well as leading some intervention work in school.

Sadly, Miss McCann has decided not to return to work after maternity leave. We're sorry to be saying goodbye as she's been working here for many years and has always been a wonderful support for the children. Hopefully, she'll be back in the future!

After-school communications

Please note that the school office closes at 4pm. After this time, the office is not staffed and we will not be able to respond to any telephone enquiries.

If your child is in Afterschool Care, there is now a phone number that you can ring **ONLY** in case of emergency e.g. to alert us that someone else will be collecting your child. The number is 07795570876

Afterschool Care will now be available until 5:45pm. Please collect promptly at this time as late pick-ups will incur a charge.

Best wishes for a lovely weekend, Miss Clements (Miss CB!)

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LYDIATE
LEARNING
TRUST

ENGAGE, ENABLE,
EMPOWER

Dear Parents and Carers,

We are delighted to welcome you and your family to the Lydiate Learning Trust community!

Earlier this year, we were thrilled to welcome Knotty Ash Primary into our family of schools, and we are excited to continue building strong connections with your children and the wider community. As part of this journey, the Lydiate Learning Trust Team will officially welcome the children of Knotty Ash Primary and Deaf Resource Base into our family on **Wednesday 5th March**. This is a special celebration day for the children, with lots of fun activities and surprises throughout the day, making it a truly memorable occasion for them.

As part of our celebrations, we would like to invite you and your child/children to meet the Lydiate Learning Trust Team at **3.30pm**. As well as meeting the team, you will be able to have some family fun playing Prize Bingo! This is a free event and will take place in the school hall.

To help us with arrangements, please let us know if you will be attending by completing the form.

We look forward to welcoming you and celebrating together!

Ann Stahler
CEO

Mrs Greenall
Director of Education - Primary

**Come and meet
Lenny the Lion!**



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GIRLS' FOOTBALL DAY

Friday 7th March

We're looking forward to offering fun football sessions to all our girls so please remember to send them into school in their PE kits.

Thanks you to Mrs Rees and Ms McCormick for organising!

And here's a picture for inspiration!





Could you turn a
WOODEN SPOON
into a
BOOK CHARACTER
for World Book Day 2025?

Please bring your competition entries to
school on World Book Day!
Thursday 6th March 2025



There's under a week to go to World Book Day and we have a very creative competition running. We want you to turn a wooden spoon into your favourite book character! We have wooden spoons available from the school office or you can use your own from home but be sure to start thinking about your marvellous creations. There will be a book given as a prize to the winner of each class and their spoon will be displayed in our school library for all to see. I know it might be tempting to bring in your spoons earlier, but please wait until World Book Day to show your chosen character.

Alongside bringing in their wooden spoon characters, we invite the children to come to school in their pyjamas in order to encourage the joy of reading at bedtime.

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We Need You to be a Parent Governor

You may have seen an email from school asking for Parent Governors. We have two vacancies to join our friendly governing board, who meet once every 6 weeks to hear about school developments, ask questions and offer suggestions. There are documents to read, and it is a commitment but it's very rewarding and interesting. If you'd like a chat to find out more, please pop into school or give me a ring.

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This month, at Knotty Ash Primary School we've extended our partnership with Zero Food Waste. We are now hosting events in the school hall on a Saturday and Sunday evening.

Bags of food need to be booked in advance (see below for how to do this.) It's not a food bank; it's saving food from landfill :)

We are really pleased to be able to help with this good cause, but rest assured we are also working hard to make sure the school site is safe and there is minimal disruption to the local community.

HOW TO BOOK BAGS

- Send us a message via messenger at 7am on the day you want to collect, bookings before 7am are not accepted.
- If there is more than 1 event that evening, please specify the event you wish to attend.
- All bags are allocated on a 1st come, 1st served basis in the order we receive messages.
- Please only send 1 message, someone will always reply, if you message multiple times you will lose your place.
- If you are allocated a bag, it will be ready for collection at 10pm.
- Please only request 1 bag per household per 7 day period.



By working in partnership, saving surplus food & building community: great things can happen!

SATURDAY EVENTS

11 - 12pm
Open Event - No booking required
St Hilda's Church, Stuart Avenue, L25 ONG

12 - 1pm
Open Event - No booking required
Methodist Centre, Atherton Street, Prescot, L34 5QN

10pm
Bagged Event - Bookings open at 7am
Elm Hall Drive Methodist Church, Elm Hall Drive, L18 1LF

10pm
Bagged Event - Bookings open at 7am
Knotty Ash Primary School, Thomas Lane, L14 5NX

By working in partnership, saving surplus food & building community: great things can happen!

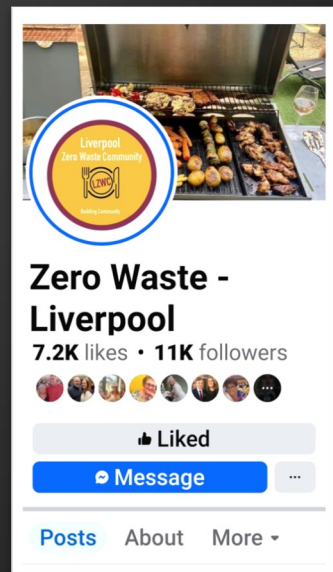
SUNDAY EVENTS

6pm
Bagged Event - Bookings open at 7am
The Place To Be, Eastern Avenue, L24 2SX

10pm
Bagged Event - Bookings open at 7am
Knotty Ash Primary School, Thomas Lane, L14 5NX

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community: great things can happen!



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What have we been learning?

Nursery



This week we started a new topic on Exploring Space We are so excited to have our new space station, Space rocket and space small world areas to play in ! We read the story Whatever Next by Jill Murphy and acted out the story in class and in continuous provision. We thought about what we would take to space with us if we went up in a space rocket. We learned some space vocabulary with Miss Gloria in BSL too.

We have been thinking about the properties of 3D shapes in maths . Mrs Davies was trying to build towers with cones and cylinders - we helped her to find some better shapes to build with.

We revised all the RWI sounds we have learned so far and we had fun with Fred doing some Fred talk action games.

In PE we practised throwing ,catching and balancing bean bags and we played some parachute games .

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What have we been learning?

Reception



Reception have had a fabulous first week back. They have been enjoying our new play dough and pirate areas! We have even had a secret visitor in our class who has been leaving chests, maps and notes! We had to set off on a hunt to find the key to open the chest! They followed the map and found the key to unlock lots of sparkly treasure!

In math's the children have been looking at weight and finding out all about heavier and lighter.

We have enjoyed reading 'The Tiger Who Came to Tea' for our Are You Really Reading topic.

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What have we been learning?

Year 1



Year 1 have had a brilliant first week back in school. We've finished our unit in Maths of place value up to 20. In English, the children have learnt about exclamation marks and used them in their writing this week. They made their own, That's not my... book showing what they've learnt which they really enjoyed. The children learnt about Wangari Maathai learning about this difference she made to the environment. In PE, we've begun a new unit on gymnastics. They practised different jumps in PE this week, showing determination to master the skill. What a great first week we've had in Year 1!

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What have we been learning? Year 2



It's been really enjoyable this week to welcome all of the children back into our classroom after a week-long rest. As ever, I am tremendously proud of the children's growing maturity - highlighted in their wonderful attitude to getting back down to some real work after a nice spell at home with their family. In Maths, our understanding of division through grouping continues to develop and in English we've learned how to use a comma to separate various items within a list. We've used a wonderful book called 'The Barnabus Project' which is filled with beautiful illustrations as well as an amazing story, purely for enjoyment as well as to practice some grammar and punctuation elements. The focus for this term is 'Exploration', so the children are going to be studying some very intrepid figures - from both the distant past and more recent times. We'll be looking at issues around safety when exploring, to thinking about what a good explorer should pack in their bag to keep themselves fed, warm and merry on an arduous trek! We'll also be looking at the geographical elements: studying the poles and the Equator, the five oceans and the seven continents. It will be a busy term as ever!

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What have we been learning? Year 3



We have had a great first week back at school albeit a short one. The children have loved learning about calligrams while revisiting nouns, verbs and adjectives in English. A few of them really impressed us when they used these in their water aid work during an Inclusive Curriculum lesson. They have also been editing their River poems and writing them into their Showcase Writing books. There has also been quite a stir made by Mrs Keggins' introduction of a Presentation Prize. These will be handed to a worthy winner each Friday complete with a squishy star. The children are encouraged to have neat handwriting and to set their work out correctly. In Maths we have begun the topic of length and are measuring things in metres, centimetres and millimetres. Any practice the children can get at home with a ruler or measuring tape will be brilliant.

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What have we been learning?

Year 4



Year 4 have had a busy first week back after the half term break. We enjoyed settling back into school on Tuesday morning doing a research task on The River Ganges. This linked nicely with both our Geography and Religion learning. The class looked at the significance of The River Ganges in Hinduism and where it is located in the world.

In English we have created our own calligrams based on our favourite foods and animals. The class also published their river poems in their showcase write books and they are looking fabulous!!!

After a double maths morning on Wednesday looking at multiplication we celebrated our hard work with some team building games using the parachute outside in the sun! It was a blast and the whole class were rewarded with star of the day for all their fantastic work!

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What have we been learning?

Year 5



Although short, it has been a nice week. We have been able to pick up where we left off. We edited our Irena Sendler biographies to a high standard with our partners. Furthermore, we also created a booklet that we will write our wonderful biographies into. They are so creative! In Maths, we enjoyed discovering how to compare fractions in more detail by using common denominators. We also continued sewing our blood bags and are really looking forward to getting them perfectly finished.

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What have we been learning? Year 6



Year 6 have got straight back into the flow of learning after the half term and have been working really hard! In maths, we have been getting stuck into the topic of decimals: rounding, multiplying and dividing. In English, we have finished our WW2 poems inspired by the Warsaw Ghetto and have created some lovely vivid descriptions! A highlight of the week was also taking part in creative workshops on Wednesday with the Dovecote Dreamkeeping Society. They spent the afternoon exploring surrealist art and brought the dreams of local people to life through art and soundscapes. Excitingly, their work will also be part of an exhibition coming to Dovecot soon! The year 6 girls also did really well representing the school in the girl's football tournament on Wednesday.

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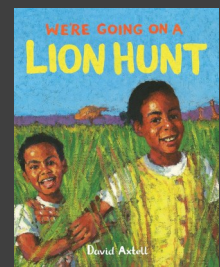


What have we been learning?

DRB 1



It may have been a short week, but it certainly has been a busy one! We all came back into school full of energy and ready to share our holiday news with our friends. We also began our new book:



EYFS started learning the new vocabulary linked to the first pages of the story and KS1 children were introduced to prepositions IN, ON and UNDER. We are looking forward to exploring this text over the next couple of weeks.

We had lots of fun in Maths each day and enjoyed either refreshing our counting skills or taking part in an exciting 'addition challenge.' We all loved joining our friends for fun and games in our PE lessons – it's great to be back and taking the next steps in our learning journeys.

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What have we been learning?

DRB 2



It's been wonderful to welcome Junior DRB back to school this week, with everyone returning refreshed and ready to dive into their work! And what a busy week it's been!

In maths, we've been exploring seasons and months, learning how to order the months of the year and understanding which months belong to which season. The children have been doing a great job remembering the sequence, using key events as memory aids. For example, they've linked Mother's Day in March, back-to-school in September, and Bonfire Night in November to help them recall the months. Additionally, we've focused on number recognition and partitioning, where the children have shown great progress. It's been rewarding to see how hard they've worked and how much they've learned throughout the week.

In English, we've enjoyed reading the children's recounts of their half-term adventures. It seems like everyone had a fantastic break, with activities ranging from discovering new books to enjoying crazy golf, two cinema trips, and meals out. It's been a week full of learning and growth, and we can't wait to see what the rest of the term holds!

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Attendance



Class	Attendance
Reception	91.4%
Year 1	91.1%
Year 2	93.9%
Year 3	93.2%
Year 4	95.2%
Year 5	97.4%
Year 6	96.0%

Whole school attendance this week **94.0%**

Class attendance winners **Year 5 97.4%**

Congratulations to Year 5!

Every child should be in school every day,
unless they are too ill.

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Online Safety

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

SNAP STREAK

97
DAYS

What Parents & Educators Need to Know about

SNAPCHAT

AGE RESTRICTION
13+

Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best-known feature is that anything sent 'disappears' 24 hours after it's been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called 'My AI'.

WHAT ARE THE RISKS?

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

PREDATORS AND SCAMS

Predators can exploit Snapchat's disappearing messages by, for example, telling a user they have naked photos of them and will post them unless they're paid. Snapchat's own research found that 85% of teenagers had experienced this – on this app or others. This likely isn't helped by 'SnapMaps' – a feature which highlights your exact position in real-time. This is meant to help friends keep track of each other, but could be used for more sinister reasons.

MY EYES ONLY

Snapchat has a hidden photo vault called 'My Eyes Only'. Teens can conceal sensitive photos and videos from parents and carers in this folder, which is protected by a PIN. You can check for this by clicking on the icon which looks like two playing cards. This takes you to the 'Memories' folder which stores photos, stories and the My Eyes Only folder.

SCREEN TIME ADDICTION

Snapchat prioritises user engagement, with features like streaks (messaging the same person every day to build up a high score). The app also has sections called 'Discover' and 'Spotlight', which show tailored content to each user. However, this could also be seen as an attempt to hook users into watching videos endlessly. Furthermore, constant notifications can lure people into using the app.

INAPPROPRIATE CONTENT

Some content on Snapchat simply isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body image expectations – creating feelings of inadequacy in younger users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

Advice for Parents & Educators

UTILISE PARENTAL CONTROLS

Snapchat's 'Family Centre' lets you view the details of the child's account – their friends list and who they've spoken to in the last week – and report any concerns. You must invite a child to the Family Centre for them to join. To keep the child's location hidden on the app, go into settings and turn on 'Ghost Mode' and 'Hide Live Location', and ensure they know not to share their location with anyone.

BLOCK AND REPORT

If a stranger does connect with a child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, the child can tap the three dots on that person's profile and report or block them. There are options to state why they're reporting that user – such as annoying or malicious messages, spam or masquerading as someone else.

FAMILIARISE YOURSELF

Before you allow a child to download Snapchat, download it yourself and familiarise yourself with the app. Snapchat has produced a parents' guide to the app to help you understand how it works and any protections they have in place. A link for this can be found in the sources below.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. For example, discuss My AI's responses to questions and how reliable they are. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat-2021>

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Lydiate Learning Trust's Febuary Online Newsletter



KNOTTY ASH
PRIMARY
SCHOOL
& TRUST RESOURCE BASE
LYDIATE
LEARNING TRUST



Online Safety Newsletter

Feb 2025

Messaging others

There are many ways in which our children can communicate online, for example via messaging apps, social media apps and online games such as FIFA and Fortnite. We need to understand how and who our children are communicating with to keep them safe online.

Ensure your child knows to talk to a trusted adult should they need to. However, remind them that it is not appropriate to contact teachers online, they should only use official school communication methods.

What are the risks?

- Bullying and inappropriate chat.
- Contact from strangers.
- Sharing personal information including images.
- Sextortion - this is a form of extortion where somebody threatens to share a nude/sexual image of you.

How can I mitigate the risks?

- Ensure your child is accessing age-appropriate apps/games and that appropriate parental controls are set up.
- Chat to your child about the risks so they are aware of what can happen online.
- Depending on the age of your child, it may be more appropriate for devices to be used in family rooms so you can monitor what they are doing.

Further information

- <https://www.ceopeducation.co.uk/parents/Concerned-about-your-child/Online-contact-and-staying-safe/>
- <https://www.brightcanary.io/what-to-do-when-your-child-sends-inappropriate-texts/>

Squid Game – rated 15+

Season 2 of Netflix's Squid Game is now available and has been **rated 15** by the British Board of Film Classification (BBFC). You can find out why Squid Game has been rated 15 by visiting the BBFC: <https://www.bbfc.co.uk/release/squid-game-q29sbvjdglvbjpw01mzm3nda>.

Due to its popularity, Squid Game related content can be found on numerous other platforms such as YouTube, TikTok and Roblox, so your child may come across this show without even viewing it on Netflix. Content may range from trailers of the show or content that other people create such as memes and games.

What can I do?

- **Parental Controls** - Set up appropriate parental controls on your broadband, devices and on individual apps to reduce access to content that is not appropriate for their age.
- **Talk** - Chat to your child about age ratings and why this means certain programmes are not suitable for them to watch.
- **Individual Profiles** - Set up child profiles on any streaming services to ensure your child is only viewing content appropriate to them.
- **Reporting** - Make sure your child knows how to report and block on all platforms that they use.
- **Explore** - Watch and explore things online together so you can see what your child is doing and how to support them.

More information:

It is important to talk to your child regularly about what they are watching and ensure that they know they should always tell you or another trusted adult if they do see anything upsetting. You can find out more about the type of inappropriate content your child might come across online here: <https://www.internetmatters.org/issues/inappropriate-content/learn-about-it/>

Should children have mobile phones?

The Children's Society explore this important question in their recent blog titled "Should children have mobile phones?" The article discusses concerns such as excessive screentime being linked with mental health issues as well as the benefits of a child friendly phone rather than a smart phone. You can read the full article here:

<https://www.childrensociety.org.uk/what-we-do/blogs/should-children-have-mobile-phones>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.02.25.

Snapchat

What is Snapchat?

Snapchat is a social media app used for messaging and sharing photos and videos. You must be 13+ to sign up. Users can send messages (snaps) to others that are only seen for a set time e.g., 10 seconds and users can also upload snaps to stories, which disappear after 24 hours.

Key Concerns

There are potential risks to using Snapchat, including:

- the risk of your child viewing content that is not appropriate for their age.
- location sharing (via Snap Map) (this can be switched off).
- cyberbullying.
- contact from strangers.
- excessive screen time.

Family Centre features

Snapchat's Family Centre is a set of parental controls and includes tools such as allowing you to:

- see who your child is friends with.
- see who your child has sent messages (not the contents of conversations though), photos or videos to in the last week.
- view a list of group members for groups that your child has been active in.
- restrict content to limit access.
- report any accounts that you are concerned about.

You can learn more about Family Centre here:

<https://parents.snapchat.com/parental-controls?lang=en-GB>

Safety tips

Please make sure the appropriate privacy settings are set up on Snapchat, including who can see their location and also ensure your child knows how to block and report other users if necessary:

- <https://help.snapchat.com/hc/en-gb/articles/7012343074580-How-to-change-my-privacy-settings-on-Snapchat>

More information

For more detailed advice and information:

- <https://www.childrensociety.org.uk/what-we-do/blogs/the-risks-snapchat-poses-to-children>
- <https://www.internetmatters.org/parental-controls/social-media/snapchat/>



Do you need help managing your child's device?

You can use Google Family Link or Apple Family Sharing to help you depending on your child's device.

Google Family Link

This is a free parental control app from Google that lets you:

- View activity reports showing how long they spend on each app.
- Approve or block new app downloads.
- Set screen time limits.
- Find their location.

You will need to download an app and then decide appropriate settings.

<https://families.google/familylink/>

Apple Family Sharing

You can set up Family Sharing in the settings of your device. Family Sharing allows you to:

- Share Apple subscriptions and purchases from the App Store.
- Approve what children purchase/download.
- Limit screen time.
- Share locations and find devices.

<https://www.apple.com/uk/family-sharing/>

Monitoring Apps (paid for)

In addition, there are apps that you can pay for that you may find provides a better solution for you. Whilst we cannot recommend/endorse a specific product, these are some examples that you could review and test using a free trial:

- Norton Family: <https://uk.norton.com/products/norton-family>
- Qustodio: <https://www.qustodio.com/en/>
- Family Time: <https://familytime.io/>

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Who's Who?

Leadership Team

Miss Clements Headteacher

Mr England Deputy Headteacher & SENDCo

Ms Sweeney Head of Deaf Resource Base

Mrs O'Hanlon Forest School and Mental Health Lead

Mrs Carson School Business Manager

Teachers

Mrs Davies Nursery

Mrs England Reception

Mrs Nugent Year 1

Mr Houghton Year 2

Mrs O'Hanlon/Mrs Cartwright Year 3

Miss Kerr Year 4

Mr Hall Year 5

Miss Hunter Year 6

Mrs Woods DRB 1

Mrs Rigg DRB 2

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Term Dates and Events

17th—21st February	HALF TERM
Monday 24th February	INSET DAY (school closed to pupils)
Monday 3rd March	Y5&Y6 trip to Imperial War Museum
Wednesday 5th March	Lydiate Learning Trust launch—after school event for families
Thursday 6th March	World Book Day
Friday 4th April	End of term

Term dates for this year and next year are available on the school website:

[School Term Dates and Inset Days – Knotty Ash Primary School](#)

PLEASE NOTE:

SUMMER TERM ENDS ON FRIDAY 18TH JULY.

Not Tuesday 22nd July as previously advised.

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Family Activities & Support

The latest edition of the Liverpool Parenting Newsletter is here.

www.allabout-family.co.uk/liverpool

You will find new information about local support available for families and children in Liverpool, along with information regarding events and activities on offer running from March to May 2023.

We have also been sent information about Family Learning and Engagement Courses run by LCC Adult Learning Service. This can be found on our school website, link here:

<https://knotty-ash-primary-school.secure-primariesite.net/family-information-and-support/>

For families in receipt of benefits related free school meals, there are a variety of activities over the Summer break, all of which are free and include a meal:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

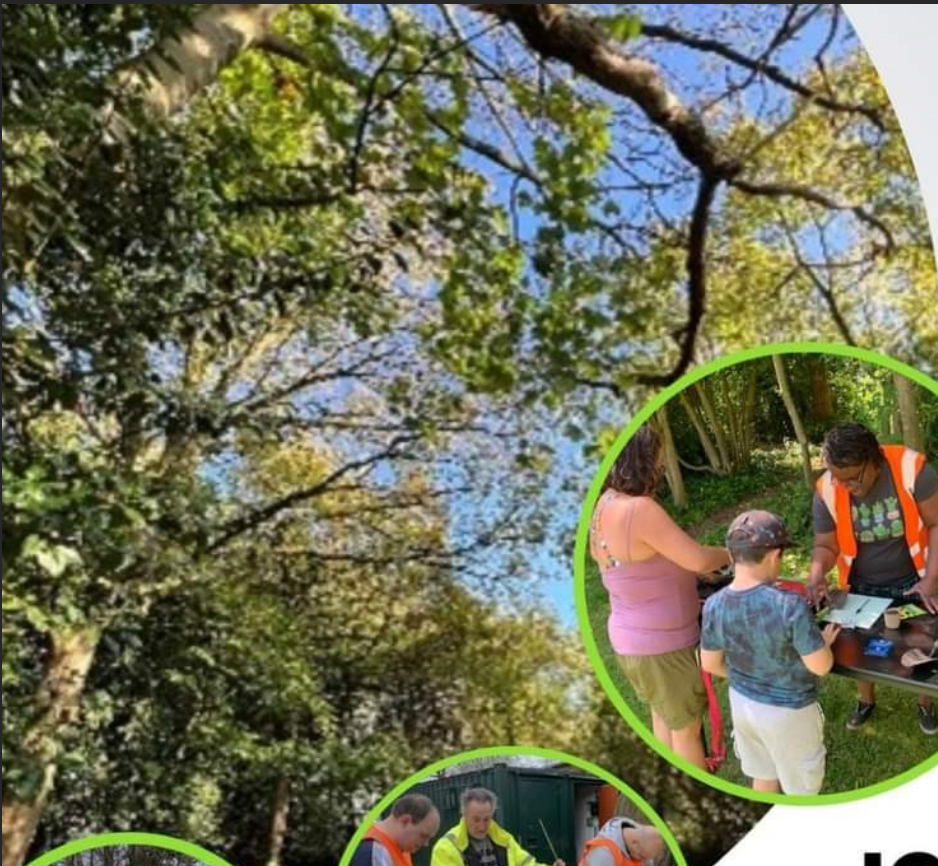
Locally, St John's Church offer a range of community groups and activities for families:

<https://www.stjohnsknottyash.org/our-community>

There's also a range of groups and activities available at Yew Tree Children's Centre for parents whose children are 0-5 years.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/yew-tree-childrens-centre/>

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JOIN OUR FRIENDS OF BRIGHT PARK VOLUNTEER COMMUNITY

Come and be a part of developing and maintaining the park and its programmes.

Get Involved With:

- Park Maintenance
- Educational Activities
- Event Organising
- Administration
- Holiday Clubs
- Fundraising



Come visit us at:

Bright Park,
81 Thomas Lane,
Knotty Ash, L14 5NS



REGISTER NOW



0151 903 9488



connect@brightpark.co.uk

Pack your child a **HEALTHY LUNCH BOX**



Choose a variety of foods from each food group

Fruit



Vegetables



Dairy



Wholegrains



Lean meat
& alternatives



A Healthy Lunch Box



MAKE WATER
YOUR DRINK



PACK ICE BRICKS
TO KEEP FOOD
COOL



USE A THERMOS
TO KEEP FOOD
WARM



This resource was developed and designed by SA Health Primary Services, Murrumbidgee Local Health District, with contributions by South Eastern Sydney Local Health District and Western Downs Local Health District.

[60 kids' lunchbox recipes | BBC Good Food](#)

[School packed lunch inspiration | BBC Good Food](#)

[Healthy packed lunches - British Nutrition Foundation](#)

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It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

Other illnesses Follow this advice for other illnesses:

Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a [high temperature](#), keep them off school until it goes away.

Chickenpox

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#).

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

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Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough, there's no need to keep them off school. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice but tie hair back. You can treat head lice and nits without seeing a GP.

Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups .

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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