



Weekly Newsletter

FRIDAY 22nd NOVEMBER 2024

Loving Learning Together



Latest News

Dear Parents and Carers,

Thanks to everyone who attended Parent-Teacher meetings this week. It's always good to share how well our children are doing. Nursery also had the chance to catch-up during this week's Stay-&-Play sessions. This week has also seen some other special events...

Our Children in Need fundraising raised a massive £406.02! Thank you to everyone who bought a raffle ticket or pens/badges, as well as to all of you who sent in a money donation on Friday 15th. We held an assembly on Monday 18th to draw the Pudsey raffle.

Our lucky winners were:

Jacob Williams, Year 3 - first prize

Thomas Nicholson, Year 6 - second prize

Mason C, Year 5 - third prize



TTRockstars has been a fantastic focus for us all week, with challenges and a nail-biting inter-class competition! The week culminated in a brilliant Rockstar day on Friday—well done everyone; you all looked fabulous!

BIG THANKS to Miss Kerr for organising the week and making it so much fun!



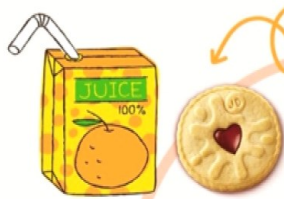
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Sugar Awareness Week also took place this week...



National Sugar Awareness Week

18th - 24th November 2024



4 to 6 year olds could reach the recommended daily maximum sugar intake (19g, or 5 tsp) by consuming **one glass of orange juice** and **one Jammie Dodger**

7 to 11 year olds could reach the recommended daily maximum sugar intake (24g, or 6 tsp) by consuming **one can of Fanta Orange** and **one Cadburys Mini Roll**



A **single can of Coca Cola** contains more than the recommended daily amount for 11+ year olds (30g, or 7tsp)

Did you know?

Cakes/buns, biscuits, fruit juices, soft drinks, sweet spreads/preserves, sugar and chocolate confectionery are the main sources of sugar in children's diets.



Key tips to prevent tooth decay in children:

- Choose **water and milk** over sugary drinks throughout the day.
- Make sure to brush children's teeth **twice a day** - once before bed, and one other time during the day.
- Brush teeth for **two minutes**.
- **Spit but don't rinse**, leaving a protective layer of toothpaste on the teeth.
- Make sure your toothpaste contains **1450ppm of fluoride**.

Dear Parents/ carers,


We are extremely lucky to have been chosen for an MHST information event about their new parent course at 9:15am on Friday 6th December. If you would like to find out more about the course and are available to attend please complete the google form to ensure we have enough seats and biscuits.

<https://forms.gle/9yNkanFqLsVLypDX9>

Kind Regards

Mrs O'Hanlon

Mental Health Lead




**ROCKPOOL
Adult ACE's
Group**

Rockpool is a supportive group intervention for parents/carers who have themselves struggled with trauma / ACE's growing up. This can be anything significant for them.

There are 10 sessions delivered across a 10-week block, to a group of around 6- 8 parents. Sessions take place in-person and are approximately 120 minutes long.

Sessions are informed and underpinned by Cognitive Behavioural Therapy (CBT) and Trauma-informed approaches.



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Follow The Star To
St John's Community
Christmas Market

23rd November 2024
11am - 2pm

FREE ENTRY!

What's on?

Artisan Stalls ✨ Tombola ✨ Refreshments
Children's Crafts Activities & Nativity Trail
Father Christmas



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Course Information Sheet

Free 6-week course
2 hours per week

Helping Your Child with Maths

Course information

The aim of this course is to help you become more confident in your everyday maths and help your child with their maths homework. You will be provided with top tips, ideas for games, interesting activities and lots of useful resources.

The course content will focus upon:

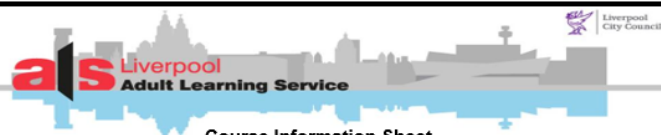
- Place value
- Number patterns
- Ordering numbers
- Less than and greater than
- Writing numbers in words
- Addition and subtraction methods
- Multiplication and division methods
- Solving word problems and reasoning

What this course could lead to

You may be able to progress to entry level 3, level 1 or level 2 Functional Maths course with the Adult Learning Service.

How to join?

Please ask at reception for more details. We look forward to meeting you!



Course Information Sheet

Course title: Family Learning – supporting your child's literacy development

Intent What is the aim of the course?	The aim of this course is to help you become more confident in your everyday English and help your child's literacy development
What other skills do I need?	This is a course for people who don't have a qualification in English/Literacy or want to help their child with a primary curriculum they're not familiar with.
Intent Course content	You will be able to work on supporting your child with: <ul style="list-style-type: none"> • Recognising sounds each individual letter makes. • Blending sounds • Phonic awareness phase 1-5 • Word Reading and decoding • Storytelling and reading for enjoyment • Comprehension (listening & reading) • Spelling using word-specific memory • Writing - transcription • Writing - letter formation
Implementation How will I learn?	Learners are required to follow the course objectives for each unit and successfully demonstrate competence through an informal assessment. Learners will also be expected to undertake some independent research/homework.
How will I know I am progressing?	Each learner will have a Personal learning Plan which he or she will update briefly during each session. In addition to this your tutor will give you regular updates on your progress both verbally and in written feedback.
Impact What can I expect to achieve?	You may gain an Award Certificate in supporting children's literacy skills from Liverpool Adult Learning Service and can progress to take a Functional Skills qualification in English through City and Guilds or complete other Family Learning courses.
What could this course lead to?	You may be able to progress to entry level 3, level 1 or level 2 Functional English course, complete other Family Learning courses or/and Early Years/Supporting Teaching & Learning courses
What materials or equipment will I need to provide?	Please bring a pen
How do I join?	Email: Julia.hooks@liverpool.gov.uk



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What have we been learning? Nursery



This week in nursery we have had Stay and Play and all our mums and dads have been coming in to play with us . We have had lots of fun showing them how clever we are and introducing them to our friends.

We have been continuing with Nursery Rhyme week and this week our rhymes have been The big ship sails - we did some fun floating and sinking activities in the water tray , Incy wincy spider - we sequenced the rhyme and 5 currant buns - we did some number ordering activities. We made our own musical instruments to play while we sang our rhymes .

We went to Forest school in the snow and ice on Tuesday and had fun throwing snow-balls and looking at ice patterns.

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What have we been learning? Reception



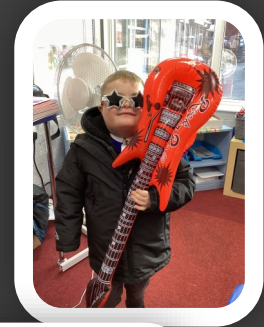
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What have we been learning?

Year 1

ROCKSTAR DAY



What a great week we've had in Year 1. On Monday, the children learnt about their senses in Science focusing on taste and touch. They really enjoyed trying different foods and deciding whether they were sweet, sour, bitter or salty. In RE, this week we looked at different celebrations we might have throughout the year. The children shared stories of how they celebrate and then drew their favourite celebration. In Maths, we have been looking at number bonds within 10 progressing on to number bonds to 10. The children have tried really hard with this concept and are starting to recall number bonds to 10 number facts from memory. During our English lessons this week we've explored poetry. As we are learning about our senses in Science, the children wrote their own sense poem linked to an emotion. They worked so hard and it paid off with the work they produced, the children should be so proud of themselves. In PE, we have been focusing on our jumping skills, this week they went on a dragon adventure which they really enjoyed. Friday was rockstar day! They enjoyed playing numberbots working on their Maths skills and rocking out to a song to be played in our assembly. Well done for another great week Year 1 and we hope everyone has a lovely weekend!

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What have we been learning? Year 2

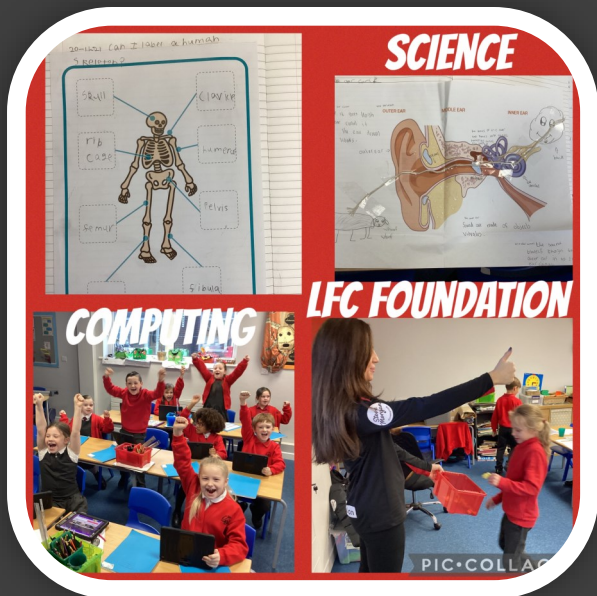


Year 2 have shown their brawn as well as their brains this week! They wrapped up warm and set off for Forest School on Tuesday, exploring the frozen ground and snow dusted branches of our trees. In P.E., they've been working on their jumping and landing skills - which included swinging on ropes over a crocodile infested swamp and landing neatly and safely on a bench! In the brains department, the children have been exploring 'Granddad's Island' by Benji Davies and we'll be using this to explore 'Memories and Treasure'. We'll be discovering what memories and possessions the children hold onto and why. In Maths, we're working on column addition and exchanging across place value columns, using counters and blocks on tables to help the children understand. As ever, they're working very hard indeed and making great progress. Have a great weekend everyone!

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What have we been learning? Year 3



It was lovely to catch-up with all our families at the start of this week to celebrate Year 3's wonderful work and attitude during their first term in the Juniors. We are very proud of you all. We enjoyed another brilliant mental health and wellbeing session with Toni from LFC on Tuesday, talking about how we can cope with our worries. In Science, we continued to explore hearing with Miss Smith and had fun learning about bones with Mrs O'Hanlon's new skeleton pal!

In Reading Explorers, we read an extract from *Stuart Little*, thinking about how to summarise the main points using a timeline as well as hashtags. In English, we have all finished writing our own Greek Myth so are very proud of our completed story books and in Maths, we have further explored addition, subtraction and multiples of 3. But of course, the best part of our week has been our TT Rock Stars Battle of the Bands against Year 4 which culminated in our exciting dress-up day on Friday! It was a close tournament but we just pipped Year 4 at the post with 1148 points to their 1020 points. Well done to all the children in Year 3 and Year 4 for a fun and friendly battle - you are all our Rock Heroes!

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What have we been learning?

Year 4



Wow, what a busy but exciting week in Year 4! Well done to everyone who took part in our TTRS battle of the band's competition! The children enjoyed celebrating on Friday making music videos and dancing along to rock songs. In English we designed our own Lego figure, looking at the Lego friend's collection which represents children with a range of physical and hidden disabilities. The class recognised that sometimes these characters faced challenges but it did not define who they are. In maths we started our new topic of multiplication and division focusing on the 3- and 6-times tables. We had a lovely visitor in class for our science lesson this week, Goldie the Skeleton who helped us identify and label parts of the human skeleton.

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What have we been learning?

Year 5



It's been a great week in year 5! We have enjoyed learning about multiples which has really helped with our times tables rockstar week! Year 5 were fabulous at home and managed to gain over 2000 points in our TTRS competition! A special mention to Oliver Harris and Ellis Harrison who battled it out for top spot. In the afternoons, we enjoyed starting our topic on volcanoes and also enjoyed some mindfulness and chess on Friday afternoon. We also started using century AI to help develop our English and Maths skills as learners! In English this week, we explored fronted adverbials- it was thoroughly enjoyable!

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What have we been learning?

Year 6



After an amazing time away in Scotland, year 6 have come back to an action-packed week. We started it off by making the most of the snow and trying out hand at some small world photography creating scenes for mini figures. In maths, we have thrown ourselves into the tricky new topic of fractions and are getting to grips with equivalence. In science, we have been getting active looking at the muscles of the body and different stretches we can do for each muscle. We have also loved the tense battle with year 5 for the TTrackstars championship. Year 6 have been amazing all week at home and in school practicing their skills but unfortunately were narrowly beaten! Next time we'll catch them!

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What have we been learning?

DRB 1



Another brilliant week in infant DRB! We've had so much fun stepping into the world of Little Red Riding Hood. The children have loved taking on the roles of each character, exploring what they do and who they are in each scene. It's been wonderful to see their creativity come to life. In maths, we've been working on the part-whole model for numbers within 10, building strong connections with addition. The children have been engaged and making great progress. We also rocked out for Times Tables Rock Stars, dressing up as rock stars and celebrating our love for maths. The children have been busy completing Numbots challenges too – what a fantastic effort from everyone! Keep up the amazing work, Infant DRB!

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What have we been learning?

DRB 2



I must start by saying another huge congratulations to our very own Teacher of the Year, Mrs Sweeney. We are all so incredibly proud of you. Thank you for everything you do for every single child, their family and school staff.

With this term's Inclusive Curriculum focus being Identity and Diversity the children in Junior DRB watched extracts from the film 'Finding Nemo'. Finding Nemo explores identity through Marlin's journey of self-discovery as he overcomes fear and embraces trust, while Nemo learns to value his abilities despite physical differences. The film also celebrates diversity by showcasing characters with unique traits—like Dory's memory challenges and Gill's scars—emphasizing acceptance, collaboration, and the strength found in differences. There was a chill in the air on Tuesday morning and to everyone's delight it had snowed! Much fun was had by all at break time - the children wrapped up warm and headed out into the cold. Even though there wasn't an enormous amount of snow, India managed to build a snowman! Throughout the week the children have enjoyed competing against each other and other classes, on TTRS in Battle of the Bands, to be named the child/class gathering the most points. Everyone rocked the 'Rock Star' look on Friday too.

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Attendance



Class	Attendance
Reception	90.6%
Year 1	90.3%
Year 2	90.9%
Year 3	96.7%
Year 4	97.1%
Year 5	91.2%
Year 6	96.8%

Whole school attendance this week **93.4%**

Class attendance winners **Year 6 96.8%**

Congratulations to Year 6 !

Every child should be in school every day,
unless they are too ill.

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Online Safety

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each another.

9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.



Source: See full reference list on guide page at:

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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Who's Who?

Leadership Team

Miss Clements Headteacher

Mr England Deputy Headteacher & SENDCo

Ms Sweeney Head of Deaf Resource Base

Mrs O'Hanlon Forest School and Mental Health Lead

Mrs Carson School Business Manager

Teachers

Mrs Davies Nursery

Mrs England Reception

Mrs Nugent Year 1

Mr Houghton Year 2

Mrs O'Hanlon/Mrs Cartwright Year 3

Miss Kerr Year 4

Mr Hall Year 5

Miss Hunter Year 6

Mrs Woods DRB 1

Mrs Rigg DRB 2

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Term Dates and Events

Tuesday 10th December	Santa visiting Knotty Ash! After-school craft sale and grotto
Wednesday 11th Nov	NSPCC/NDCS Online Safety event for DRB Families
Thursday 12th Nov	Xmas Jumper Day & Xmas Dinner
Friday 13th December	Bring a game to school day
16th—19th December	Christmas productions (see next page)
Friday 20th December	Christmas class parties (NO talent show) 1:30pm school closes for Xmas break

Term dates for this year and next year are available on the school website:

[School Term Dates and Inset Days – Knotty Ash Primary School](#)

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Xmas Productions

Monday 16th Dec	9:15am	Year 5 & Year 6 performance
	1:30pm	Year 3 & Year 4 performance
Tuesday 17th Dec	9:15am	Year 1 & Year 2 performance
	1:30pm	Year 5 & Year 6 performance
Wednesday 18th Dec	9:15am	Year 3 & Year 4 performance
	1:30pm	Year 1 & Year 2 performance
Thursday 19th Dec	9:15am	EYFS performance
	1:30pm	Church Service (tbc)



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Family Activities & Support

The latest edition of the Liverpool Parenting Newsletter is here.

www.allabout-family.co.uk/liverpool

You will find new information about local support available for families and children in Liverpool, along with information regarding events and activities on offer running from March to May 2023.

We have also been sent information about Family Learning and Engagement Courses run by LCC Adult Learning Service. This can be found on our school website, link here:

<https://knotty-ash-primary-school.secure-primariesite.net/family-information-and-support/>

For families in receipt of benefits related free school meals, there are a variety of activities over the Summer break, all of which are free and include a meal:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

Locally, St John's Church offer a range of community groups and activities for families:

<https://www.stjohnsknottyash.org/our-community>

There's also a range of groups and activities available at Yew Tree Children's Centre for parents whose children are 0-5 years.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/yew-tree-childrens-centre/>

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POETRY IN LIVERPOOL WORKSHOPS

THURSDAY 31ST OCTOBER 2024

HAVE YOU EVER WANTED TO WRITE A POEM BUT ARE UNSURE
HOW TO BEGIN?

ROUND OFF THE HALF-TERM HOLIDAYS BY JOINING A
'POETRY IN LIVERPOOL' WRITING SESSION WITH AMINA ATIQ!

AMINA ATIQ IS A WIDELY PUBLISHED YEMENI POET,
PERFORMANCE ARTIST, AND CREATIVE PRACTITIONER.
SHE IS A BBC WORDS FIRST FINALIST 2019, AN ALUMNI
YOUNG ASSOCIATE, AND SERVED AS AN ARTIST FELLOW AT
DADAFEST, AS A SOCIAL COHESION FELLOW OF HUMBOLDT
FOUNDATION RESIDENCY 2022, AND AS LEAD ARTIST AT 20
STORIES HIGH'S PUBLIC-POETRY PROJECT 'POET'S GIFT'.

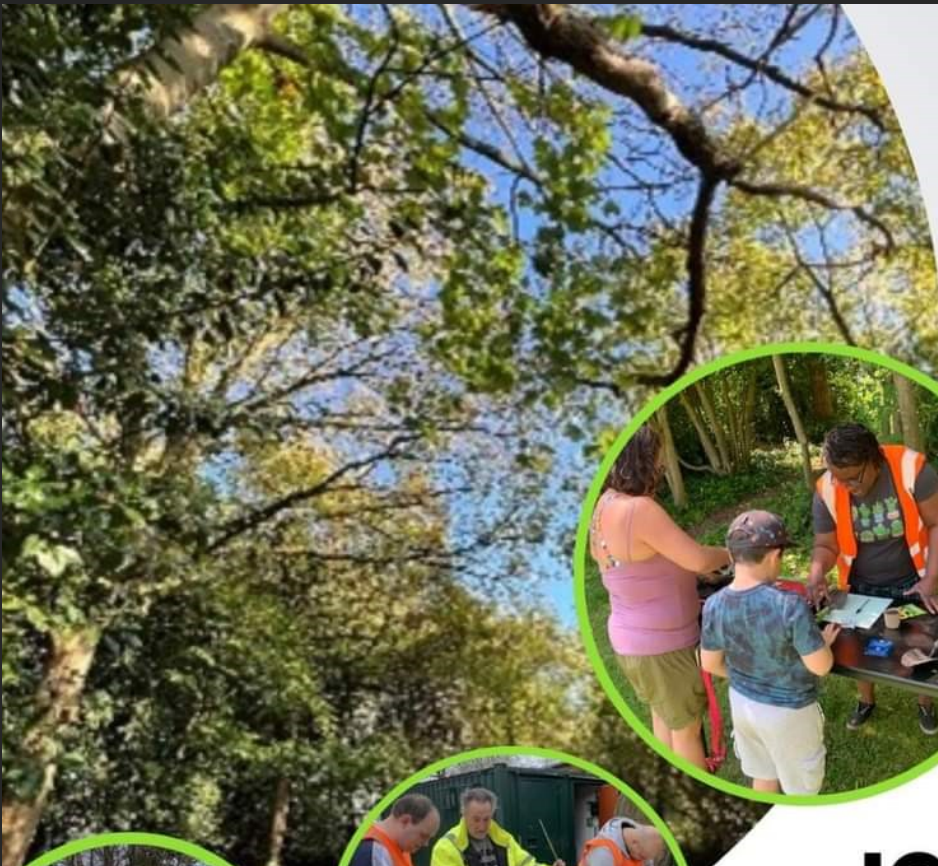


Photo: Rohan Clewley



FREE, REGISTER AT YMWA.ORG.UK
AGES 8 TO 11: 12.30 – 2.00PM
AGES 12 TO 16: 3.00 – 4.30PM
CENTRAL LIBRARY, LIVERPOOL, L3 8EW

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JOIN OUR FRIENDS OF BRIGHT PARK VOLUNTEER COMMUNITY

Come and be a part of developing and maintaining the park and its programmes.

Get Involved With:

- Park Maintenance
- Educational Activities
- Event Organising
- Administration
- Holiday Clubs
- Fundraising



Come visit us at:

Bright Park,
81 Thomas Lane,
Knotty Ash, L14 5NS



REGISTER NOW



0151 903 9488



connect@brightpark.co.uk

Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



Lean meat
& alternatives



A Healthy Lunch Box



MAKE WATER
YOUR DRINK



PACK ICE BRICKS
TO KEEP FOOD
COOL



USE A THERMOS
TO KEEP FOOD
WARM



This resource was developed and designed by SA Health Primary Services, Western Sydney Local Health District, with contributions by South Eastern Sydney Local Health District and Western Downs Local Health District.

[60 kids' lunchbox recipes | BBC Good Food](#)

[School packed lunch inspiration | BBC Good Food](#)

[Healthy packed lunches - British Nutrition Foundation](#)

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It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

Other illnesses Follow this advice for other illnesses:

Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a [high temperature](#), keep them off school until it goes away.

Chickenpox

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#).

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

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Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough, there's no need to keep them off school. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice but tie hair back. You can treat head lice and nits without seeing a GP.

Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups .

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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