



Weekly Newsletter

FRIDAY 11th OCTOBER 2024

Loving Learning Together



Latest News

Dear Parents and Carers,

The big news this week is that we announced the outcome of the Head Pupils election. Our five brilliant Head Pupils are:

Cece M, Flynn T, Kaiden S, Kyra F, Olivia N



We're also delighted to announce our Class Ambassadors (Year 6 children allocated to a class to help support and mentor the younger children:

Nursery	Charlotte R and Summer P
Reception	Amy C
Year 1	Flo L and India H
Year 2	Theo A
Year 3	Savannah T
Year 4	Rufus M
Year 5	Oliver S
DRB	Paige M and Lottie M

Other children in Year 6 are Prefects, responsible for looking after all the children in school. Well done to:

Charlie W, Darcie W, Elliot B, Emma P, Emily D, Ethan A, Harry L, James D, Kai D, Kaydn K, Sam B, Thomas N, William V



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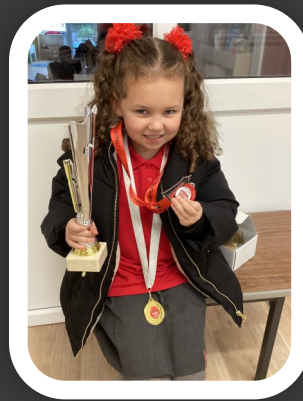
Well done to...

Children in our Knotty Ash Signing Choir who performed at the IQM (Inclusion Quality Mark) Liverpool celebration event, held at Goodison.



Our wonderful Cross-country Team who've made us all very proud over the last few weeks, showing strength, resilience and great team-spirit.

Alissia from Year 1 went to a Morris Dancing competition last weekend where she won judges dancer of the year trophy!



Oliver M from Year 6 competed in the Trampoline National Age Group Championships in Telford last week, with a routine which included a double back somersault! He finished an impressive 7th in the country!

World Mental Health Day

On Thursday, every class celebrated this important day by thinking about their wellbeing: how they can look after themselves and support others too. Thank you to Mrs O'Hanlon for organising a thought-provoking day.



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Action for Happiness: Optimistic October calendar

Optimistic October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 7 Look for the good in people around you today	1 Write down three things you can look forward to this month	2 Find something to be optimistic about (even if it's a difficult time)	3 Take a small step towards a goal that really matters to you	4 Start your day with the most important thing on your to-do list	5 Be a realistic optimist. See life as it is, but focus on what's good	6 Remind yourself that things can change for the better
14 Do something constructive to improve a difficult situation	8 Make some progress on a project or task you have been avoiding	9 Share an important goal with someone you trust	10 Take time to reflect on what you have accomplished recently	11 Avoid blaming yourself or others. Find a helpful way forward	12 Look out for positive news and reasons to be cheerful today	13 Ask for help to overcome an obstacle you are facing
21 Let go of the expectations of others and focus on what matters to you	15 Thank yourself for achieving the things you often take for granted	16 Put down your to-do list and do something fun or uplifting	17 Take a small step towards a positive change you want to see in society	18 Set hopeful but realistic goals for the days ahead	19 Identify one of your positive qualities that will be helpful in the future	20 Find joy in tackling a task you've put off for some time
28 Ask yourself, will this still matter a year from now?	22 Share a hopeful quote, picture or video with a friend or colleague	23 Recognise that you have a choice about what to prioritise	24 Write down three specific things that have gone well recently	25 You can't do everything! What are your three priorities right now?	26 Find a new perspective on a problem you face	27 Be kind to yourself today. Remember, progress takes time

ACTION FOR HAPPINESS Happier · Kinder · Together



Autumn Issue of ALL ABOUT FAMILY LIVERPOOL

Inside, parents will find useful advice on;

- New Children's Book Reviews
- Gaming Health Warning
- Back to School Anxiety Advice
- Social Media Impact on Children's Mental Health
- Adult Education
- St John Ambulance Advice
- Recipe for Picky Eaters
- Family Events in the area
- Plus more....

Link below:

www.allabout-family.co.uk/liverpool

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Apply for Reception and Secondary Year 7

How does this work?

You can only apply online for a **Primary Reception** class or **Secondary Year 7** place for schools if you live in Liverpool. If you live outside Liverpool and want to apply for a school here, you must apply through the education authority where you live. For all other places please see our [Other applications page](#).

- Once you have created an online applications account, you can apply for up to three schools for Primary Reception class and up to five schools for Secondary Year 7.

Some schools (mainly faith schools) also ask you to complete additional paper forms that must be sent directly to them.

Step 1

- a. Find the schools you are interested in.
- b. Read the relevant policies for each school.
- c. If the school has supplementary forms download them, if available. Some schools (mainly faith schools and some academies) require you to send additional forms directly to them.
[Find your schools](#)

Step 2

- a. Register and apply online.
- b. Complete and send any supplementary forms directly to the school.
[Register and apply online](#)

Need help?

Help with applying

Before you apply you must register for an account first. If you have used the system before to apply for a school or school travel support, you will already be registered. If you have forgotten your password, just select 'forgotten password' to reset it.

[Step-by-step guide: How to register for a school admissions account](#)

[Step-by-step guide: How to apply online for Reception or Year 7](#)

You can also visit our [Get help](#) page for further information about choosing and applying for schools.

This page also has additional documents you may want to read, including the primary and secondary co-ordinated policies which explain how school places are allocated.

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What have we been learning? Nursery



This week we have been thinking of words to describe Halloween characters. Ghosts, bats, skeletons, spiders etc, ready for next week when we make a lift the flap book. We have been making different sounds with our mouths and listening to vehicle sounds in the environment.

In maths we have been making matching pairs and finding the odd one out which doesn't have a matching pair. Sparkle our class pet horse was naughty and mixer up all the wellies in the cloakroom so we had to help sort them all out! Sparkle even tried the wellies on himself once we had found the matching pairs. At Forest school we made leaf kebabs, leaf rain and we made silver birch leaf ghosts. On world mental health day we did some Cosmic Yoga, some peer massage and we had chocolate milk for snack. We talked about what made us happy and sad.

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What have we been learning? Reception



Reception have been working hard at segmenting and blending words this week! They have enjoyed playing lots of games to make reading fun!!

In Mathematics, the children have been looking at numbers to five and thinking about more and less!! They have enjoyed playing counting games together as well as ordering numbers!

We have enjoyed reading a number of books this week! "This is our house", "A colour of his own", "The squirrels who squabbled" and a visual literary piece, "Otherwise Anders Artig"! This has opened up lots of discussions about feelings, friendships and how it's good to be different!!

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What have we been learning? Year 1



This week Year 1 have had a brilliant week. In English, we've looked at who their favourite character was in the story Paper Bag Princess. They have also looked at alternative endings to a story and created their own ending. In Maths, we've looked at more, fewer and equal to compare amounts and moved on to the symbols used for greater than, less than and equal to. In Science, we looked at the absorption of different materials and completed an experiment to test our understanding. In Art, we looked at the skill of printing and they had a go at printing a repeated pattern which they thoroughly enjoyed. For Mental Health Awareness Day, we looked at the Zones of Regulation and spoke about which zones we want to be in during different times of the school day. It's been a great week in Year 1!

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What have we been learning?

Year 2



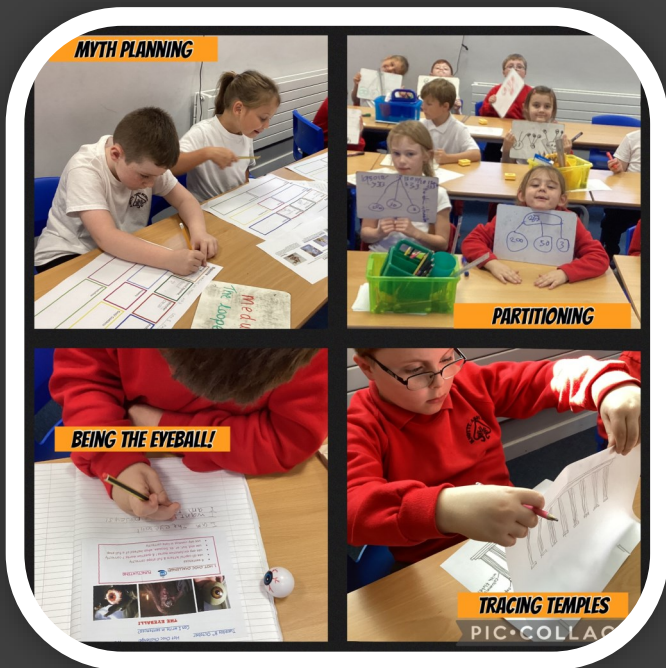
I'm delighted to say that even amidst the wind and the rain this week, Year 2 managed to get out and about and enjoy the fresh air all the same. We had Forest School on Tuesday - the children made a collection of the most interesting leaves they could find and threaded them onto skewers. They also, climbed, played, explored and played hide and seek too of course! In English, we wrote to our compadres in Year 1 to invite them to a party on Friday afternoon (any excuse to further develop our letter writing skills!) and on Mental Health Day on Thursday we reflected upon the things in school that make us feel happy and safe. There's plenty going on in all of the other subjects too of course, such as learning about Queen Elizabeth I and developing our ability to estimate on a number line in Mathematics. Lots of hard work means that they've certainly earned a rest at the weekend! Hope yours is a good one, take care.

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What have we been learning?

Year 3



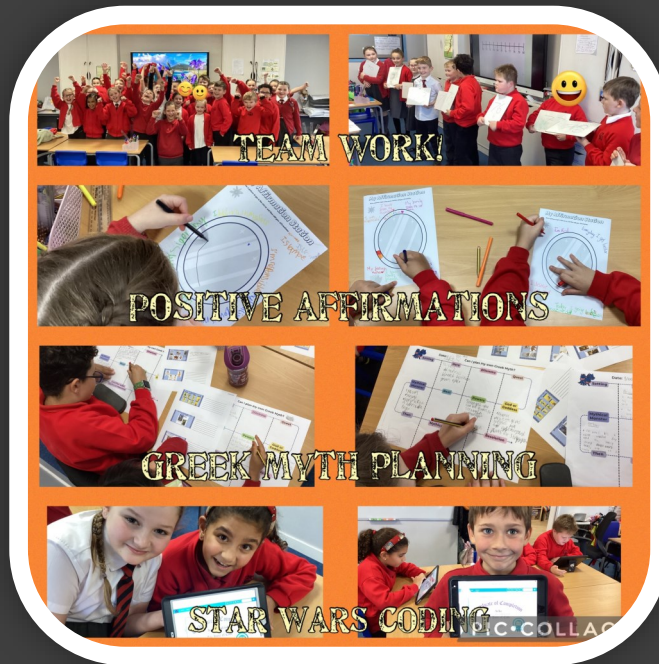
Year 3 have enjoyed another week of Ancient Greek fun! In Art, we learnt about the Parthenon, the temple dedicated to Athena which still stands in Athens today. We used our line drawing skills to trace a detailed image before drawing our own version. We were also introduced to 'The Greatest Greeks' (sorry ladies, all men again!) like Socrates the philosopher, Hippocrates the doctor, Pericles the leader and our favourite, Archimedes the scientist and inventor. We liked him because when he had an idea in the bath, he ran down the street (still naked) shouting Eureka! In English, we have started to plan our own myths, creating imaginative settings, choosing a hero or heroine and deciding upon a monster to defeat! In Maths, we have continued to explore partitioning as well as working with multiples of 2 and completing our monthly gig on TT Rock Stars. We had lots of fun in DT too, working together in groups to design our own mythical monster - with a moving mouth powered by pneumatics!

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What have we been learning?

Year 4



Year 4 have been working extremely hard this week but we have still managed to have lots of fun! In maths we have been focusing on rounding to the nearest 10, 100 and 1000 using number lines to support our understanding. In English we have been planning our own Greek myths, choosing our characters and mythical monsters carefully in preparation for writing our own myth in the upcoming weeks.

We have started our DT topic of pneumatics, creating a design in our groups for our 'Moving Monsters' project. To celebrate World Mental Health Day, we have created our own list of positive affirmations and have been listening to a positive affirmations rap by Snoop Dogg to help us start off each day with a positive mindset!

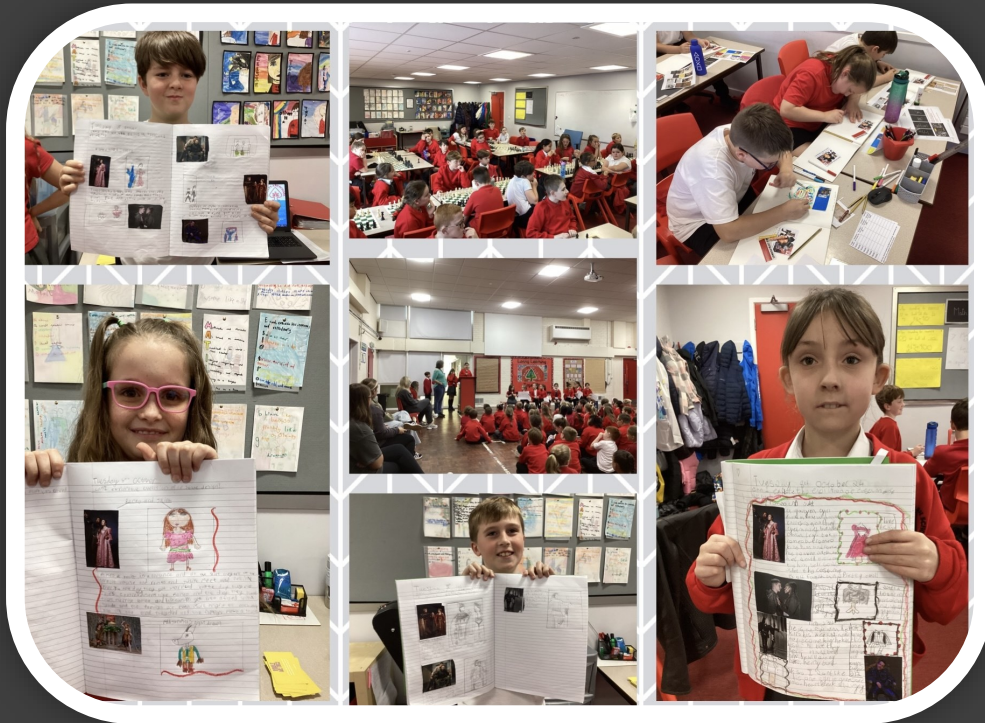
The children enjoyed their computing lesson this week where they completed a Star Wars coding challenge !

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What have we been learning?

Year 5



This week, Year 5 have really dived into the wonderful world of Shakespeare. We've explored *Romeo and Juliet* in great detail. We even finished the superb CBBC version on Friday which had music and even Mr Tumble! The children also got an opportunity to act out the opening scene from *Romeo and Juliet*! Furthermore, in Maths, we finished rounding and began some mental addition using our knowledge of place value. In Art, we began exploring an amazing graffiti artist called Jean-Michel Basquiat. Similarly to Da Vinci, he was interested in creating art to do with human anatomy. In History, we enjoyed exploring different costumes from a variety of Shakespeare highlighting how they looked in the past and how they've been adapted in modern theatre! Week 2 of swimming was also a delightful treat this week.

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What have we been learning? Year 6



Year 6 have had a lovely week started off with the long awaited announcement of our new head pupils. So a huge congratulations to Olivia, Cece, Flynn, Kaiden and Kyra on your new roles!

On Monday afternoon we then enjoyed a great autumnal afternoon in Forest school. In maths this week we've had a week of challenge looking at long multiplication but everyone has shown great perseverance and effort. In English we have been focusing on play scripts, looking at their features and how they are used to act out a performance. We had some amazing performances of the dramatic first scene of Romeo and Juliet. In Science we created pop up books of the human lifecycle exploring how we change as we get older.

Lots of year 6 have also been throwing themselves into extra curricula clubs this week attending the cross country race on Tuesday, football club on Wednesday, IT club on Thursday and drama club on a Friday! We love to see it!

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What have we been learning?

DRB 1



We've had a busy and exciting week! In Language, we continued our story work and expanded our visual dictionaries with some new vocabulary words. In maths, the children explored different ways to make 5, 6, and 7 using cubes, while practicing their number sentences.

A highlight of the week was joining KS2 DRB for the Panathlon challenge at Tenpin Bowling. The children had a brilliant time, and we're so proud to share that our teams placed 1st and 2nd! A huge well done to everyone who participated!

For Mental Health Day, we focused on relaxation and mindfulness. The children enjoyed yoga sessions to help calm their bodies, along with breathing exercises. They also worked together in pairs with our mainstream friends to brainstorm ideas for our 'worry bucket,' which helps them manage their emotions.

Overall, it's been a lovely week filled with learning, fun, and teamwork!

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What have we been learning?

DRB 2



First and foremost, I would like to congratulate our, newly appointed, Head Pupils. All pupils who applied delivered outstanding speeches, showing great confidence and communication skills. In the DRB, we were particularly delighted that one of our pupils, Kyra French, is one of the five Head Pupils. I just know that Kyra will shine as a Head Pupil and will do Knotty Ash and Deaf Resource Base proud.

On Wednesday, the children attended another fantastic Panathlon event hosted by James Dixon. Such events, which are specific for Deaf children, serve, not only, as an equal opportunity sporting occasion but also as a vital opportunity for Deaf children to meet and interact with other Deaf children. This time it was the Merseyside Deaf Schools Ten-Pin Bowling Championships that we attended. As well as meeting other Deaf children and making new friends, our children walked away with Gold and Silver medals! Well done to all who participated!

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Online Safety



National
Online
Safety

7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

2

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



3

PLAY AGAIN?
YES NO



How does this game/app work? Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

4

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.



5



Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT, BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?

6

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.



7



Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.

www.nationalonlinesafety.com

Twitter - @natonlinesafety

Facebook - /nationalonlinesafety

Phone - 0800 368 8061



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Who's Who?

Leadership Team

Miss Clements Headteacher

Mr England Deputy Headteacher & SENDCo

Ms Sweeney Head of Deaf Resource Base

Mrs O'Hanlon Forest School and Mental Health Lead

Mrs Carson School Business Manager

Teachers

Mrs Davies Nursery

Mrs England Reception

Mrs Nugent Year 1

Mr Houghton Year 2

Mrs O'Hanlon/Mrs Cartwright Year 3

Miss Kerr Year 4

Mr Hall Year 5

Miss Hunter Year 6

Mrs Woods DRB 1

Mrs Rigg DRB 2

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Term Dates and Events

Friday 18th October	Flu Immunisations in school
Friday 25th October	School finishes at 3:20pm for half-term (after-school care still available)
28th Oct—1st Nov	HALF TERM WEEK
Monday 4th Nov	INSET day—school closed to pupils
Tuesday 5th Nov	School reopens at 8:50am (breakfast club still available)
Tuesday 5th Nov	Knotty Ash fireworks at Bright Park

Term dates for this year and next year are available on the school website:

[School Term Dates and Inset Days – Knotty Ash Primary School](#)

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Family Activities & Support

The latest edition of the Liverpool Parenting Newsletter is here.

www.allabout-family.co.uk/liverpool

You will find new information about local support available for families and children in Liverpool, along with information regarding events and activities on offer running from March to May 2023.

We have also been sent information about Family Learning and Engagement Courses run by LCC Adult Learning Service. This can be found on our school website, link here:

<https://knotty-ash-primary-school.secure-primariesite.net/family-information-and-support/>

For families in receipt of benefits related free school meals, there are a variety of activities over the Summer break, all of which are free and include a meal:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

Locally, St John's Church offer a range of community groups and activities for families:

<https://www.stjohnsknottyash.org/our-community>

There's also a range of groups and activities available at Yew Tree Children's Centre for parents whose children are 0-5 years.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/yew-tree-childrens-centre/>

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POETRY IN LIVERPOOL WORKSHOPS

THURSDAY 31ST OCTOBER 2024

HAVE YOU EVER WANTED TO WRITE A POEM BUT ARE UNSURE
HOW TO BEGIN?

ROUND OFF THE HALF-TERM HOLIDAYS BY JOINING A
'POETRY IN LIVERPOOL' WRITING SESSION WITH AMINA ATIQ!

AMINA ATIQ IS A WIDELY PUBLISHED YEMENI POET,
PERFORMANCE ARTIST, AND CREATIVE PRACTITIONER.
SHE IS A BBC WORDS FIRST FINALIST 2019, AN ALUMNI
YOUNG ASSOCIATE, AND SERVED AS AN ARTIST FELLOW AT
DADAFEST, AS A SOCIAL COHESION FELLOW OF HUMBOLDT
FOUNDATION RESIDENCY 2022, AND AS LEAD ARTIST AT 20
STORIES HIGH'S PUBLIC-POETRY PROJECT 'POET'S GIFT'.



Photo: Rohin Clewley



FREE, REGISTER AT YMWA.ORG.UK
AGES 8 TO 11: 12.30 – 2.00PM
AGES 12 TO 16: 3.00 – 4.30PM
CENTRAL LIBRARY, LIVERPOOL, L3 8EW

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JOIN OUR FRIENDS OF BRIGHT PARK VOLUNTEER COMMUNITY

Come and be a part of developing and maintaining the park and its programmes.

Get Involved With:

- Park Maintenance
- Educational Activities
- Event Organising
- Administration
- Holiday Clubs
- Fundraising



Come visit us at:

Bright Park,
81 Thomas Lane,
Knotty Ash, L14 5NS



REGISTER NOW



0151 903 9488



connect@brightpark.co.uk

SINGING TOGETHER

FREE

JOIN US FOR SINGING IN THE PARK!

Come enjoy our free community singing sessions and join in with all your favourite and fun tunes.

Whether you're a seasoned vocalist, find the joy in singing, everyone is welcome!

Every 1st, 2nd and 3rd Friday @ 2.30PM - 3.30PM
Meet in the Entrance of Bright Park
81 Thomas Lane, Bright Park, Knotty Ash, L14 5NS



Sessions led by Kelly Clark

Kelly has a 17-year career in performing arts education and works for a major media corporation. Her passion for music began as a teenager in a Gospel choir, and she founded the Colours of Hope Gospel Choir at Liverpool Hope University in 2000. Kelly has collaborated with The Soul 4 Soul Houseband, Liverpool Soulfest, Sense of Sound Singers, and LIPA Sixth Form. She's excited to join the Bright Park Team and the Knotty Ash & Dovecot community to share the joy of music with the masses.



NO EXPERIENCE
NEEDED!



ALL AGES WELCOME



JUST DROP IN!



Email:
connect@brightpark.co.uk



Phone:
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Website:
www.brightpark.co.uk



Social Media:
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FREE



BRIGHT PARK
A PLACE TO ENJOY

WANT TO SAVE MONEY?

Then come along and find out how to save money, cut energy use, and take advantage of available support.

Thursday 24th October & 28th November @ 10am - 12pm

Bright Park, 81 Thomas Lane, Knotty Ash, L14 5NS

WHY ATTEND?

-  **Practical Tips**
Get simple tips you can use right away to reduce energy use at home without losing comfort.
-  **Save Money**
Learn easy ways to lower your energy bills with small changes and government support.
-  **Incentives and Grants**
Discover grants, discounts, and programs available to help you make energy-saving improvements in your home.



Email:
connect@brightpark.co.uk



Phone:
0151 903 9488



Website:
www.brightpark.co.uk



Social Media:
[brightparkliverpool](https://www.facebook.com/brightparkliverpool)

Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



Lean meat
& alternatives



A Healthy Lunch Box



MAKE WATER
YOUR DRINK



PACK ICE BRICKS
TO KEEP FOOD
COOL



USE A THERMOS
TO KEEP FOOD
WARM



This resource was developed and designed by e4 Health Practitioner Services, Western Sydney Local Health District, with contributions by South Eastern Sydney Local Health District and Western Districts Local Health District.

[60 kids' lunchbox recipes | BBC Good Food](#)

[School packed lunch inspiration | BBC Good Food](#)

[Healthy packed lunches - British Nutrition Foundation](#)

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It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

Other illnesses Follow this advice for other illnesses:

Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a [high temperature](#), keep them off school until it goes away.

Chickenpox

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#).

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

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Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough, there's no need to keep them off school. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice but tie hair back. You can treat head lice and nits without seeing a GP.

Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups .

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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