



# Weekly Newsletter

FRIDAY 19th JULY 2024

Loving Learning Together



# Latest News

Dear Parents and Carers,

Another year has flown by! Thank you so much to all our families for your support and encouragement this year.

There are a few changes already underway to improve the school over the summer break., and now seems like a good time to tell you about them!

## Lydiate Learning Trust

You'll remember that Knotty Ash Governors made the decision last year to join Lydiate Learning Trust (LLT), a small local multi-academy trust, made up of two secondary schools and a teacher training centre. We're one of two primaries joining, both with inclusion at the heart of what we do.

After a year of legal processes and alignment, we will officially become an academy and join the LLT on 1st August. It's an exciting time for our small school. Being part of a Trust will offer support to us as school leaders and enable us to focus our energies on aspects of school which will really make a difference to children. We've already seen benefits. For instance, in the Autumn term 2023 LLT sourced and funded staff training on the 'Are You Really Reading' project, which has had a great impact on children's understanding of the texts they read.

Please don't worry about us losing our Knotty-Ash-ness though! One of the reasons for choosing LLT was that they appreciate the strength of each school being unique and individually tailored to meet the needs of their children in their own local context—so definitely not one-size-fits-all!

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We are planning some really fun launch events to celebrate being part of the LLT family, but they'll be announced during the Autumn term this year.

In practical terms for children and families, there will be very little change. Uniform, school name, admissions, inclusion and DRB will all stay the same. But there will be more opportunities for us to make Knotty Ash even better!

## Logo and Website

A new website has been on my wish-list for as long as I can remember, but we haven't been able to afford it. Now, I'm delighted to say, thanks to LLT, we are in the process of designing a brand new website. It will launch over the summer, and we'll keep adding to it over the next few months to make sure it's exactly how we want it. Here's a sneak preview of the Welcome page!



If you're eagle-eyed, you'll notice we also have an updated school logo!



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## Building improvements

We've also got a lot of building work planned for the summer break. As you know, we have focused on Key Stage 2 (the Juniors) classrooms over the last couple of years. The plan had always been for Key Stage 1 (the Infants) and Early Years to be improved as part of the next phase of works under Liverpool City Council but they withdrew funding last year. We are very grateful to Lydiate Learning Trust for agreeing to fund future improvements to the buildings so that our younger children have the best learning environment we can give them.

We're moving Reception into new classrooms, installing a covered area in Early Years, moving Infant DRB into new rooms, replacing lots of floors, and installing new roofs to the conservatories to make them more suitable extensions to the Year 1 and Year 2 classrooms. I'll send photos/videos out on X (formerly Twitter) as works progress.

To everyone in our Knotty Ash family, thank you for  
your support this year,

and

from all of us at Knotty Ash, we'd like to wish you a  
very happy and relaxing summer break.

We look forward to welcoming you back to school in  
September.

MISS CB X



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# Goodbye Year 6



*Class of 2024*

Year 6 have been a wonderful, charismatic and inclusive year group, and we're going to miss them very much.

Goodbye and Good Luck to...

Jack	Lola	Elliot	Gerard
Lucas B	Archie	Reuben	Charlie
Neil	Melody	Alfie L	Chloe
Alex	Daisy	Olivia	Sonny
Thomas	Lewis	Emma	Amy
Alfie C	Luca	Georgie	Luke
Noah	Riley H	Riley P	Jessica
Lucas E	Bailey	Amber	Ethan

We're so proud of the people you are, your friendships and achievements so far. Keep shining, superstars!

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# End of Year Class Awards

We presented awards to children in each class, under the same 5 categories. The first 3 reflect excellence and enthusiasm in our Inclusive Curriculum areas:

1. Culture & Creativity - including History, Art, Music and Drama
2. Science & Discovery - including Science, Geography, Computing and DT
3. Communities & Diversity - including RE, understanding ourselves and each other

The next 2 cover other areas of importance:

4. Sporting Development and Achievement
5. Kindness

Well done to all our winners 2024!



DRB



Nursery



Reception



Year 1



Year 2



Year 3



Year 4



Year 5

# Summer Talent Show

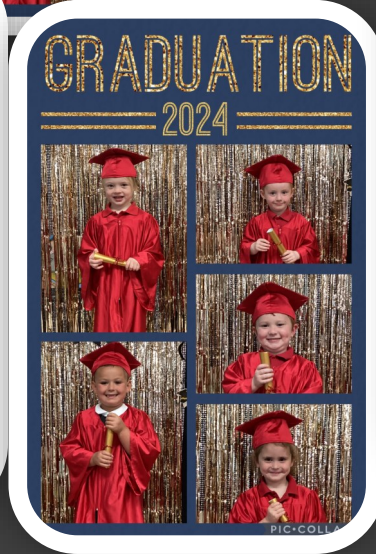
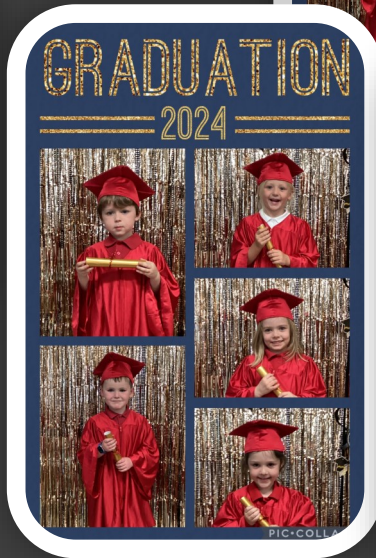
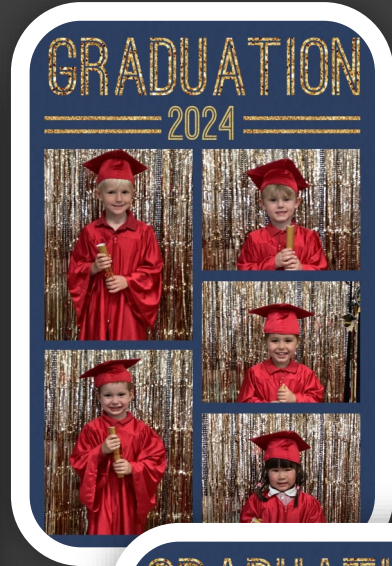
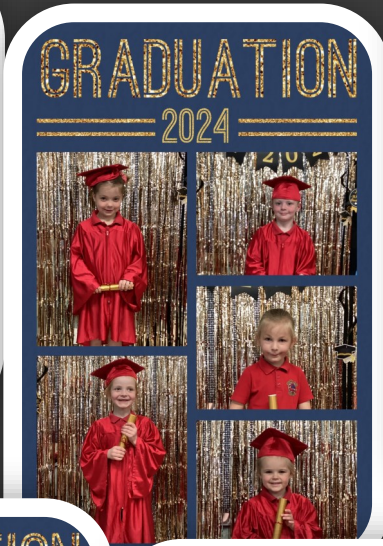


Every entrant showed real courage and a great sense of fun. Well done everyone!





# What have we been learning? Nursery



This week in nursery we have been celebrating the children graduating from their first year in nursery or their whole time in nursery . All the children who are leaving us, we wish you well in your new class or your new school. To all the children who are returning to our nursery class, we can't wait to welcome you back in September. Happy holidays everyone !

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# What have we been learning? Reception



Well Reception you have survived your final week in class. You have been so amazing with your learning even in this the final week. You have made your teachers so proud and we know you will continue to shine in Yr 1 :) keep working hard and enjoy the holidays. Mrs Colligan and EYFS team



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# What have we been learning?

## Year 1



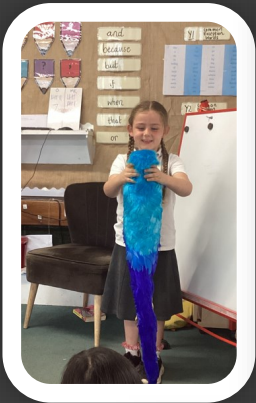
We have had a lovely final week in Year 1. We were so proud of the children sharing their performance skills this week in our class assembly. They've practised counting their numbers to 100 and writing them. We've also had the opportunity to go and visit the new play area in Bright Park which they thoroughly enjoyed. We wish all our families a lovely summer holidays and thank you for all your support this year.

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# What have we been learning?

## Year 2



We have had a lovely week preparing for our move to Year 3 and leaving the infant department behind!

We had a visit to Year 3 and talked with our Year 3 friends about what life is like in the junior department and spent a bit of time with Mrs Cartwright.

We also had our class assembly this week! We loved rehearsing with Year 1 and especially singing and signing all of the songs together.

We finished the week by auditioning for the talent show and watching everyone perform on stage!

We have all had the most amazing year together in Year 2 and hope everyone has a lovely summer! :)

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# What have we been learning?

## Year 3



Year 3 have had a busy week of finishing off things like Book Art and weaving as well as putting together their acts for the Talent Show. Watching the Year 6 performance was brilliant as it gave us lots of ideas. The children found compromising on their visions difficult but they got there in the end. The class had a vote and we had one outright winner, The Boys and two runners up.

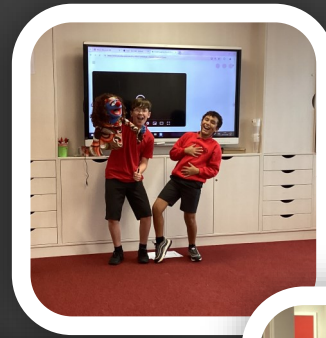
We have also watched the Teachers and Year 6 battle it out at rounders and football. Thanks to our classes support the teachers were triumphant! Have a great summer everyone. We'll see you all a little bit taller in September.

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# What have we been learning?

## Year 5



Awwww, what a beautiful year it has been with a lovely class! We have stuffed a lot in this week despite the fact it's been the last one! We played a whole game of baseball (which was amazingly exciting), we finished our brilliant speeches on conflict minerals which were so inspiring and well wrote! We also did some lovely watercolours! Ronnie - our lovely friend - came to visit for two days as well! It was so brilliant to spend those days with her and I know every child loved having in class! It's been a fantastic year and I feel so privileged to have taught this class for two years and I know they will smash next year! Have an amazing summer and a massive thank you from me, Ms Rees and Ms Petyt! We are all so proud of the children and appreciate all the support you give them!



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# What have we been learning?

## Year 6



What a great final week it's been! A successful end of year show and awards ceremony, teachers beating the children at rounders AND football in our annual Yr6 versus teachers sports matches and a fun talent show to boot. Good luck to all of our Year 6 children who are moving on to their new school in September. They've all been amazing and we wish them all the best! Have a great Summer everyone.

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# What have we been learning?

## DRB 1



We had an amazing final week of school, filled with excitement and memorable moments! All the staff are incredibly proud of the children in Infant DRB. Their hard work throughout the year has been truly inspiring. Well done, Infant DRB!

Our last week was packed with fun activities. We watched and cheered as the Y6 children played a thrilling rounders match against the teachers. We also perfected our dance routine to "New Direction - What Makes You Beautiful" and were thrilled to come second in the talent show! YAY!!

We enjoyed a delightful visit to Bright Park with the Y1 and Y2 mainstream classes to celebrate the launch of their new playground equipment. We had a blast exploring the new climbing frame and creating our own bird feeders. From a distance, we even spotted bees near their hive. Thank you so much for inviting us!

As we wrap up the school year, we wish all our Knotty Ash families a fantastic summer. We look forward to seeing you in September and hearing all about your summer adventures. Take care and enjoy the holidays!

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# Attendance



Class	Attendance
Reception	86.4%
Year 1	93.9%
Year 2	93.9%
Year 3	97.4%
Year 4	96.8%
Year 5	93.8%
Year 6	91.3%

Whole school attendance this week **93.4%**

Class attendance winners **Year 3 97.4%**

Well done to everyone who've been in school every day this week.

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# Term Dates and Events

Monday 2 <sup>nd</sup> Sept	INSET day: School closed to ALL pupils
Tuesday 3 <sup>rd</sup> Sept	y1 – 6 Return to School
Thursday 5 <sup>th</sup> Sept	Pupils NEW to Nursery start
Monday 9 <sup>th</sup> Sept	Pupils RETURNING to Nursery start ALL Reception pupils start Beavers, Cubs & Scouts meet 6-8pm
Thursday 12 <sup>th</sup> Sept	Roald Dahl Day – themed activities
Monday 16 <sup>th</sup> Sept	Beavers, Cubs & Scouts meet 6-8pm
Tuesday 17 <sup>th</sup> Sept	All classes 'Meet the Teacher' open event 3:30pm
Monday 23 <sup>rd</sup> Sept	Beavers, Cubs & Scouts meet 6-8pm
Wednesday 25 <sup>th</sup> Sept	Prospective Parents Open Evening 4pm
Monday 30 <sup>th</sup> Sept	Beavers, Cubs & Scouts meet 6-8pm

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# Online Safety



## 7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

2



AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.

3



PLAY AGAIN?  
YES NO

How does this game/app work? Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

4



CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.

5



Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT, BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?

6



YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.

7



Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

Twitter - @natonlinesafety

Facebook - /nationalonlinesafety

Phone - 0800 368 8061



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# Community

 **BRIGHT PARK**  
A PLACE TO ENJOY

## SUMMER FUN AT BRIGHT PARK

### EVENTS



**Community Service Provider Day**  
Thursday 25th July, 12pm - 3pm

Meet with a range of services for advice and support on health, money management, education, well-being, childcare, and more! Fun for all the family to be had with bouncy castles, games, arts and crafts and lots of freebies!



**Community Habitat Open Day**  
Friday 9th August, 12pm - 3pm

Come and celebrate and explore our new habitats like the beehive, bug hotels and more. Enjoy a visit from live animals, games, face painting, bouncy castle and more!



**Car Boot and Table Top Sales**  
Every 3rd Saturday, 9am - 12pm

A great chance to swap some unwanted items for some new bargains and treasures. Entry Free, and donations welcome for registration of tables.



**Picnic and Play - Arts and Crafts**  
Monday 5th August, 12pm - 2pm

Bring along a picnic, your family and friends and enjoy the beauty of the park with some fun arts and craft activities.



**Picnic and Play - Sports and Games**  
Monday 12th August, 12pm - 2pm

Bring along a picnic, your family and friends and enjoy the beauty of the park with some sports and games activities.



**Picnic and Play - Music**  
Monday 19th August, 12pm - 2pm

Bring along a picnic, your family and friends and enjoy the beauty of the park with some musical activities.

### GET INVOLVED



**Community Volunteer Day**  
Thursdays 10am - 4pm

Come and join our Friends of Bright Park team for the day with a range of gardening and landscape activities that suit your interests and skills. No experience needed!



**Community Composting**  
Times Vary/Days Vary

Get involved with this community composting project and learn more about the hows and whys of composting and the many benefits it can have.





**Bee in the Know**  
Times Vary/Days Vary

Enjoy getting to know the bees and investigating the hive. Take part in workshops including candle-making, lip and face balm making and more!

For more information:

 Email: [connect@brightpark.co.uk](mailto:connect@brightpark.co.uk)

 Phone: 0151 903 9488

 Website: [www.brightpark.co.uk](http://www.brightpark.co.uk)

 Social Media: [brightparkliverpool](https://www.brightparkliverpool.com)



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## FAMILY FUN



### Family Forest School Mondays and Fridays, 10am - 12pm

Enjoy the wonder of nature with your little ones during these sessions delivered by Beautiful New Beginnings. Explore activities such as den-building, fire lighting, nature art, scavenger hunts and more.

0-11



### Books and Babies Tuesdays, 10am - 12pm

Come and share and explore stories, rhymes together during these fun filled sessions delivered by The Reader. Discover hints and tips of how to make reading a fun and relaxed experience.

5-11



### Brighter Holidays Outdoor Club Tuesdays - Thursdays, 9.30am - 3pm

A fun-filled day full of play and adventure in the outdoors. Children will spend their time den-building, bug hunting, fire lighting, using tools and creating works of arts and much more.

## COMMUNITY IN THE PARK



### Well-Being Walks

Join others in your community and take that first step towards better well-being, health and happiness. No experience needed, find a pace and distance the best suits you.



### Energy and Money Management Workshops

Receive invaluable energy and money management advice through workshops delivered by National Energy Action. Ask those all important questions and get the right support to meet your needs.



### Singing Together

A chance to come together with others from your community and enjoy learning to sing a variety of popular songs in the beauty of the great outdoors. No experience needed, all voices welcome!



### Women's Netball Fridays 10am - 12pm

Kickstart your weekend with some fun, fitness and friends in these taster netball sessions delivered by Netball England. No experience needed, all are welcome.



### Bible conversations Thursday 12pm - 12.30pm

Come and explore the bible with others and find the answers to some of life's big questions during these informal discussions. All welcome.

### Bright Park For Hire

Did you know that you can now hire Bright Park for weddings, parties, fun days and other private events?

We have a variety of spaces to best suit your event.



For bookings email: [connect@brightpark.co.uk](mailto:connect@brightpark.co.uk)

## YOU ARE WELCOME!

Come along this summer and join the fun at Bright Park, a place to enjoy!



Pilkington Charities' Fund



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## PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE SUMMER HOLIDAYS 2024



[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)

### LAS IGUANAS

Join 'My Las Iguanas' via the App & Niños eat free with every adult main

### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

### PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

### TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

### PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

### TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

### IKEA

Kids get a meal from 95p daily from 11am

### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

### BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

### MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

### TESCO CAFES

1 Free Kids meal with every 60p Spend. Available from July 1st Scotland and NI - from July 22nd England & Wales

### GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

### YO! SUSHI

From Monday 1st July - Friday 30th August 2024, kids eat free all day Mondays to Fridays at YO! Sushi (min adult spend £10).

### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

### BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

### COCONUT TREE

One child (aged 10 and under) eats free per paying adult. Valid Daily, 12pm - 6pm from Monday 22nd July to Friday 6th Sept 2024.

### DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

### TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

### HUNGRY HORSE

Kids eat for £1 on Mondays

### FUTURE INNS

Under 5s eat for free with any adult meal.

Copyright of MONEY SAVING CENTRAL



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# Zero Food Waste

... is a scheme to save food from landfill. It's not a Food Bank, but you can help save the planet *and* save money by taking home free food! There are events every day.



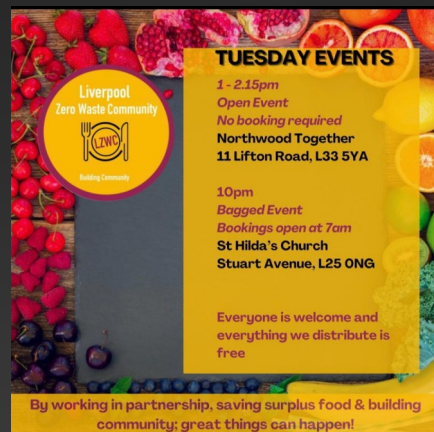
**Liverpool Zero Waste Community**

**MONDAY EVENTS**  
 9:30 - 10:30am  
 Open Event  
 No booking required  
**Northwood Together**  
 11 Lifton Road, L33 5YA

10pm  
 Bagged Event  
 Bookings open at 7am  
**All Souls Church**  
 Springwood Avenue, L19 4TX

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



**Liverpool Zero Waste Community**

**TUESDAY EVENTS**  
 1 - 2.15pm  
 Open Event  
 No booking required  
**Northwood Together**  
 11 Lifton Road, L33 5YA

10pm  
 Bagged Event  
 Bookings open at 7am  
**St Hilda's Church**  
 Stuart Avenue, L25 ONG

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



**Liverpool Zero Waste Community**

**WEDNESDAY EVENTS**  
 10 - 12pm  
 Open Event  
 No booking required  
**Warm Hub**  
 Church of Jesus Christ of Latter-Day Saints  
 4 Mill Bank, Tuebrook, L13 OBN

10pm  
 Bagged Event  
 Bookings open at 7am  
**All Souls Church**  
 Springwood Avenue, L19 4TX

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!




**Liverpool Zero Waste Community**

**THURSDAY EVENT**  
 10pm  
 Bagged Event  
 Bookings open at 7am  
**St Columba's Church**  
 Hillfoot Avenue, L25 ONR

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



**Liverpool Zero Waste Community**

**FRIDAY EVENTS**  
 11 - 12pm  
 Open Event  
 No booking required  
**St Columba's Church**  
 Hillfoot Avenue, L25 ONR

9.30pm  
 Open Event  
 No booking required  
**Halle's Hub, Ford Lane Community Centre**, L21 9NF

10pm  
 Bagged Event  
 Bookings open at 7am  
**St Hilda's Church**  
 Stuart Avenue, L25 ONG

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



**Liverpool Zero Waste Community**

**SATURDAY EVENTS**  
 11 - 12pm  
 Open Event - No booking required  
**St Hilda's Church**, Stuart Avenue, L25 ONG

10pm  
 Bagged Event - Bookings open at 7am  
**Elm Hall Drive Methodist Church**, Elm Hall Drive, L18 1LF

10pm  
 Bagged Event - Bookings open at 7am  
**Church of the Holy Spirit**, East Prescot Road, L14 2EH

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



**Liverpool Zero Waste Community**

**SUNDAY EVENTS**  
 6pm  
 Bagged Event - Bookings open at 7am  
**The Place To Be**, Eastern Avenue, L24 2SX

6.15pm  
 Open Event - No booking required  
**The Place To Be**, Eastern Avenue, L24 2SX

10pm  
 Bagged Event - Bookings open at 7am  
**Church of the Holy Spirit**  
 East Prescot Road, L14 2EH

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



**Liverpool Zero Waste Community**

**HOW TO BOOK BAGS**

- Send us a message via messenger at 7am on the day you want to collect, bookings before 7am are not accepted.
- If there is more than 1 event that evening, please specify the event you wish to attend.
- All bags are allocated on a 1st come, 1st served basis in the order we receive messages.
- Please only send 1 message, someone will always reply, if you message multiple times you will lose your place.
- If you are allocated a bag, it will be ready for collection at 10pm.
- Please only request 1 bag per household per 7 day period.

By working in partnership, saving surplus food & building community; great things can happen!



**Liverpool Zero Waste Community**

**MONDAYS 1.00pm**

Surplus frozen Nandos and KFC!

Don't forget your freezer bag!!

NO BOOKING REQUIRED!

**Nando's KFC**

**The Church of the Holy Spirit**, East Prescot Road, L14 2EH



**Liverpool Zero Waste Community**

**FRIDAYS 12.30pm**

Surplus frozen KFC!

Don't forget your freezer bag!!

NO BOOKING REQUIRED!

**KFC**

**The Place To Be**, Eastern Avenue, Speke, L24 2TA

We collect Zero Food Waste on Thurs and Fri, but recently, there hasn't been enough to offer out to families. As soon as we get more, we'll text out and let you know.



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# Family Activities & Support

The latest edition of the Liverpool Parenting Newsletter is here.

[www.allabout-family.co.uk/liverpool](http://www.allabout-family.co.uk/liverpool)

You will find new information about local support available for families and children in Liverpool, along with information regarding events and activities on offer running from March to May 2023.

We have also been sent information about Family Learning and Engagement Courses run by LCC Adult Learning Service. This can be found on our school website, link here:

<https://knotty-ash-primary-school.secure-primariesite.net/family-information-and-support/>

For families in receipt of benefits related free school meals, there are a variety of activities over the Summer break, all of which are free and include a meal:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

Locally, St John's Church offer a range of community groups and activities for families:

<https://www.stjohnsknottyash.org/our-community>

There's also a range of groups and activities available at Yew Tree Children's Centre for parents whose children are 0-5 years.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/yew-tree-childrens-centre/>

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# HOUSING ADVICE OUTREACH

We can help with: disrepair, evictions, homelessness applications, landlord harassment, Property Pool Plus, rent increases and more

Location	When?	Time?
Joseph Lappin Centre (L13 5SH)	Mondays fortnightly from 4th January 2024	12pm - 3pm
Granby Toxteth Development Trust (L8 00F)	Every Tuesday	10am - 4pm
Our House, Walton (L4 6XB)	Tuesdays Fortnightly from 9th January 2024	10am - 2pm
Speke Children's Centre (L24 0TW)	Every Wednesday from 3rd January 2024	10am-2pm
Anfield Children's Centre (L4 2QG)	Every Thursday	10am - 12:30pm
Liverpool Arabic Centre (L8 0TP). For Arabic speakers, translator provided	Every Thursday	10am - 1pm
Sahir House (L2 2AH)	Third Thursday of every month	1pm - 4pm
Everton Community Shop (L4 4AJ)	Last Friday of every month	10am - 12:30pm
The Brink (L1 4JN)	Every Friday	10am - 2pm

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# Measles

Message for parents and guardians of children from the Director of Public Health  
Professor Matthew Ashton

Have you heard the news about measles? There is a large outbreak of measles around Birmingham. Many children have been admitted to hospital. It is likely that measles could spread to Liverpool.

Measles is a nasty infection and can make you very sick if you catch it. It starts with a high temperature and a cold with red eyes. Then you get a measles rash that spreads from your face to the rest of your body.

It is very easy to catch if you are not vaccinated. It spreads through coughs and sneezes.

Measles can be very serious for some people. It can cause pneumonia, encephalitis (brain infections) and sometimes even death.

*How to protect yourself and your children from measles:*

The MMR vaccine prevents measles. It is very safe. You need 2 doses to protect you for life.

All children are offered the MMR vaccine. It is free on the NHS.

If your child has missed any vaccine, book an appointment at your GP practice. Check your child's Red Book if you are not sure or ask the GP practice.

It is never too late to catch up if you have missed a vaccine.

For more information, visit: <https://www.nhs.uk/conditions/measles/>



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It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

**Other illnesses** Follow this advice for other illnesses:

### **Coughs and colds**

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

### **High temperature**

If your child has a [high temperature](#), keep them off school until it goes away.

### **Chickenpox**

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

### **Cold sores**

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or to share things like cups and towels.

### **Conjunctivitis**

You don't need to keep your child away from school if they have [conjunctivitis](#).

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

### **COVID-19**

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

### **Ear infection**

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

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## Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough, there's no need to keep them off school. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

## Head lice and nits

There's no need to keep your child off school if they have head lice but tie hair back. You can treat head lice and nits without seeing a GP.

## Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups .

## Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

## Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

## Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

## Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

## Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

## Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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