



Weekly Newsletter

FRIDAY 12th JULY 2024

Loving Learning Together



Latest News

Dear Parents and Carers,

The penultimate week of term has been a flurry of activity! During the week, a skilled group of y5 and 6 competed in 3 events at the Liverpool City Athletics Tournament. Theo became Year 5 City CHAMPION of the 75m sprint! Well done to each of the Knotty Ashers who took part—you made us all very proud!



Taking part in another high-pressure sport, representatives from Year 4, Year 5 and Year 6 went to St Georges Hall to take part in a Chess Tournament. Their attitude and skill were brilliant—well done everyone!



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In entertainment, we enjoyed a morning of music from the Red Rose Band on Wednesday morning, a valuable opportunity to hear live music played brilliantly!



And more live music was enjoyed at Knottashtonbury on Friday—well done to the brave singers from Year 5 and Year 6 who entertained the crowds on Knotty Ash field! The weather wasn't the best and we had a disappointment with the hired cinema screen not living up to its promise, but I hope everyone enjoyed the chance to relax together anyway.

Knottashtonbury followed a day of celebrating the world of movie magic and the children looked absolutely amazing in their costumes!



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**Knottyshtonbury
Face-painting!
Thank you to Mrs
Rigg and her
daughter, Chloe—
and to all our fabu-
lous Knotty Ash
models!**



Thank you Kim!



Kim has been our school cook at Knotty Ash for 30 years! During that time, she has taken a personal interest in every single child who has come through the school. She knows their personalities and preferences and she makes sure that everyone is not only fed, but valued and loved. I'm sure, like me, most of you will have heard your own cooking critiqued as, "it's nice, but it'll never be as good as Kim's". Sadly, this will be her last week as our cook! The bad news is that Kim's retiring from the kitchen but the good news is that she's staying on as a lunchtime assistant so the children will still get to see her every day!

Happy semi-Retirement!



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Term Dates and Events

Fri 12th July	Movie theme day—dress up as your favourite film character!
Fri 12th July	KNOTTYASHTONBURY—join us from 4pm!
Mon 15th July	Soft-start day—children arrive from normal time, up to 10am
Tues 16th July	Y6 Leavers' Play & Awards Night 5-7pm
Thurs 18th July	Y1 & Y2 Class Assembly—parents/carers invited!
Fri 19th July	Talent show morning
Fri 19th July	Term ends 2pm

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What have we been learning? Nursery



This week we had our last Forest School and even though it was raining we were very busy harvesting onions and potatoes in the vegetable patch and having lots of fun balancing, climbing and splashing in the puddles.

We enjoyed listening to the Red Rose Brass Band in the hall and we loved joining in with Yellow Submarine and the marching song.

We enjoyed dressing up for Movie Day on Friday.

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What have we been learning?

Reception



In Reception this week, we have completed some challenging work in Maths and Literacy getting ready for Year 1. We have enjoyed a brilliant joint session in Forest School with our friends from Nursery and Mrs O'Hanlon showed us how to peel bark and we were surprised that the wood had a cucumber smell. We enjoyed movie day and watched clips of all our characters in action (not sure they were impressed with the music from Grease and our Pink Ladies 😊)

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What have we been learning?

Year 1



This week Year 1 have been practising hard for their class assembly next week. They've been given their lines and their roles to play working hard to remember what they need to do and when. In Maths, the children learnt how to tell the time to o'clock and half past. I was so proud of them all with their engagement in this lesson. In English, we've been focusing on sentence structure. When writing our sentences we've made sure to use capital letters correctly; full stops or question marks at the end of sentences and always use finger spaces between each word in a sentence. In Art, we've looked at a variety of way to draw a tiger and their stripes in preparation for their final piece next week. The children all had the best time on Friday for movie day, they got to dress up as their favourite character and do a parade to show their costumes to the rest of the school. We've had a brilliant week and are ready to share our performance with all our families on Thursday.

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What have we been learning?

Year 3



A great week and our penultimate one in Year 3 🤩 We had a lovely start, finishing off our Book Art project before it goes into our Records of Achievement. We tasted sweets and decided on our favourite in Maths. We collected the data and recorded it in a bar chart; cola bottles came out on top! Our friend Toni came from the LFC Sound Minds project. She had a great music quiz for us and the opportunity to act in an advert. Friday was fabulous with movie day and our class making a great effort with their costumes. We thought about our favourite movie 🎬 characters and wrote about them. The children also had a vote and chose Chicken Run for our afternoon movie. 🍿

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What have we been learning?

Year 4



PIC • COLLAGE

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What have we been learning?

Year 5



Year 5 have revisited speech writing which can be especially important when we are wanting to make a change in society. We have also completed some lovely pieces of art and have enjoyed experimenting with different watercolour styles. We practised our watercolour technique while painting a scene from Narnia. Furthermore, we also continued to explore sports through art and did everything from tennis to baseball to skateboarding! In Maths, we enjoyed working through problems involving decimals and explored tenths and hundredths as fractions and decimals. The children did so well and have continued to smash Maths this year! Well done Year 5! We also enjoyed two sessions of sound minds this week, engaging in drama and music activities relating to our mental health! It's been a fun week and it was epic to see everyone getting dressed up for Movie day!



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What have we been learning?

Year 6

sorry...photos next week



Well we're really getting close to the end of an era here in Year 6 - the children's last week in Primary school is right around the corner and most of them are beginning to look like they're outgrown the place already! Deep down, although I'm sure they're very excited about the new adventures that await them in 'big' school, we all know they will have days when they'll miss their adventures in Forest School, on the MUGA, getting the poster paints out, making their parents and carers cards at Christmas - all of that good stuff. They're not thinking about that right now though - it's all about the end of year show. They're busy getting their costumes together and learning lines. I hope all of their parents carers get to come along on Tuesday night and enjoy the show! Have a great weekend everyone.

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What have we been learning?

DRB

In Infant DRB, we've been delighting in a new BSL story with Ann called "Tidy." This humorous woodland tale delves into the hazards of being overly tidy. Pete the badger loves everything neat and orderly, but his obsession with tidiness leads to the complete destruction of the forest! We thoroughly enjoyed the story and it gave us lots of giggles.

In maths, we've been learning about lines of symmetry. Using mirrors, we checked if both sides are identical when we placed the mirror along the dotted line.

In art, we've been exploring tints and shades, experimenting with various tools such as oil pastels, graphite sticks, pencils, and charcoal. This allowed us to create different lights and shades on paper. We've also been practicing our lines for the assembly next week and hope you can all attend!

In KS2 DRB, the penultimate week of the 2023/2024 school year has been seen just as much learning, fun and craziness as any other!

In maths, the children have been learning about money. They explored the value of all coins and notes and discussed which use the £ symbol and which use the p symbol. Their learning then moved onto adding 2 amounts of money. Some children combined amounts of money to make a particular value. For example, they were asked to find different ways to make a total of £1. We also spoke about the importance of learning to handle money from a young age and how those that do this are more likely to develop good saving and budgeting habits as adults.

In language, the children have been consolidating their learning around the impact climate change has had on the world's ecosystems. Particular attention was given to the polar regions and the children were most upset to discover there are significantly decreasing numbers of bowhead whales, polar bears and beluga whales.

On Friday, it was lovely to see all the marvellous costumes that the children came into school wearing. So much effort was put into planning, making and wearing the costumes! Hats off to you all!

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Online Safety



National
Online
Safety

7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY. ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



2

3



PLAY AGAIN?
YES NO

How does this game/app work?
Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD. FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.



4

5



Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.



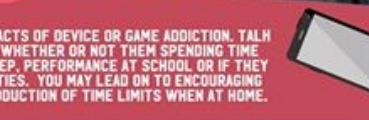
6

7



Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.



www.nationalonlinesafety.com

Twitter - @natonlinesafety

Facebook - /nationalonlinesafety

Phone - 0800 368 8061



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Packed Lunches

It can be difficult to know what to put in your child's lunchbox, but we have noticed that some children are bringing a lot of sugary items every day. For ideas and guidance, these websites are useful:

[60 kids' lunchbox recipes | BBC Good Food](#)

[School packed lunch inspiration | BBC Good Food](#)

[Healthy packed lunches - British Nutrition Foundation](#)

Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group

Fruit +

Vegetables +

Dairy +

Wholegrains +

Lean meat & alternatives

= A Healthy Lunch Box

MAKE WATER YOUR DRINK

PACK ICE BRICKS TO KEEP FOOD COOL

USE A THERMOS TO KEEP FOOD WARM

NSW Health

This resource was developed and designed by the Health Promotion Services, Western Sydney Local Health District, with contributions by South Eastern Sydney Local Health District and Western Sydney Local Health District.

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Family Activities & Support

The latest edition of the Liverpool Parenting Newsletter is here.

www.allabout-family.co.uk/liverpool

You will find new information about local support available for families and children in Liverpool, along with information regarding events and activities on offer running from March to May 2023.

We have also been sent information about Family Learning and Engagement Courses run by LCC Adult Learning Service. This can be found on our school website, link here:

<https://knotty-ash-primary-school.secure-primariesite.net/family-information-and-support/>

For families in receipt of benefits related free school meals, there are a variety of activities over the Summer break, all of which are free and include a meal:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

Locally, St John's Church offer a range of community groups and activities for families:

<https://www.stjohnsknottyash.org/our-community>

There's also a range of groups and activities available at Yew Tree Children's Centre for parents whose children are 0-5 years.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/yew-tree-childrens-centre/>

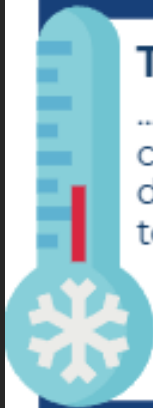
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OPEN WATER: DON'T TAKE THE RISK



Swimming in or playing near rivers and canals may seem like a great idea, particularly on a warm day, but it could all end in tragedy. **DON'T take the risk.**



THE WATER IS COLD...

...even on very warm days, rivers and canals contain water barely above 10 degrees. Sudden immersion can lead to cold water shock, which can cause gasping and intake of water.

This can be deadly in a matter of seconds.

DID YOU KNOW?

Even the narrowest of rivers can be considerably deep. Rivers are subject to strong flow and **hidden currents** which can trouble even the strongest of swimmers.

WHAT LIES BENEATH?



The water is untreated and can make you ill.

Canals and rivers contain pollutants, sewage and often unseen underwater obstructions and snag hazards.



Debris under the water such as shopping trolleys, broken glass and cans can cause **injury or trap** you.

Remember, there are no lifeguards to help you at your local river, lake, canal or dam.



Rivers can be very difficult to climb out of, especially with steep or slimy banks. **Stay clear of rivers with steep or unguarded banks.**



IN AN EMERGENCY...NEVER enter the water to try and help a person or animal. You could get into difficulty yourself. Instead, dial 999 and use any water rescue equipment that is available.

If you fall into the water unexpectedly, fight your instinct to thrash around. Instead, lean back, extend your arms and legs & float.



MERSEYSIDE
FIRE & RESCUE
SERVICE

www.merseyfire.gov.uk



BEACH SAFETY: KNOW THE DANGERS

MUD AND QUICKSAND

Large areas of the coast can have mud and quicksand which can cause you to get trapped and risk drowning.



REDUCE THE RISK

Check tide times

Follow warning sign advice

Avoid crossing estuaries and mud where there can be hidden channels or fast water

If trapped, **sit back and spread your weight evenly across the surface**

Stop others from trying to help you as they may get stuck

Call **999** immediately and ask for the **Coastguard**



Strong currents can sweep inflatables and people out to sea

FOLLOW THE FLAGS



There are lifeguards in the area. Swim between the two flags.



Do not enter the water. There could be unseen dangers such as currents.



No swimming in this area. There may be non-powered watercraft such as surfboards, kayaks, etc. in this area.

IF YOU SEE SOMEONE STRUGGLING:



CALL 999
TELL the struggling person to float on their back
THROW them something that floats

TOP TIP
ALWAYS GO TO A
BEACH WITH A
LIFEGUARD



Zero Food Waste

... is a scheme to save food from landfill. It's not a Food Bank, but you can help save the planet *and* save money by taking home free food! There are events every day.



Liverpool Zero Waste Community

MONDAY EVENTS
 9:30 - 10:30am
 Open Event
 No booking required
Northwood Together
 11 Lifton Road, L33 5YA

10pm
 Bagged Event
 Bookings open at 7am
All Souls Church
 Springwood Avenue, L19 4TX

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



Liverpool Zero Waste Community

TUESDAY EVENTS
 1 - 2.15pm
 Open Event
 No booking required
Northwood Together
 11 Lifton Road, L33 5YA

10pm
 Bagged Event
 Bookings open at 7am
St Hilda's Church
 Stuart Avenue, L25 ONG

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



Liverpool Zero Waste Community

WEDNESDAY EVENTS
 10 - 12pm
 Open Event
 No booking required
Warm Hub
 Church of Jesus Christ of Latter-Day Saints
 4 Mill Bank, Tuebrook, L13 OBN

10pm
 Bagged Event
 Bookings open at 7am
All Souls Church
 Springwood Avenue, L19 4TX

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



Liverpool Zero Waste Community

THURSDAY EVENT
 10pm
 Bagged Event
 Bookings open at 7am
St Columba's Church
 Hillfoot Avenue, L25 ONR

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



Liverpool Zero Waste Community

FRIDAY EVENTS
 11 - 12pm
 Open Event
 No booking required
St Columba's Church
 Hillfoot Avenue, L25 ONR

9.30pm
 Open Event
 No booking required
Halle's Hub, Ford Lane Community Centre, L21 9NF

10pm
 Bagged Event
 Bookings open at 7am
St Hilda's Church
 Stuart Avenue, L25 ONG

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



Liverpool Zero Waste Community

SATURDAY EVENTS
 11 - 12pm
 Open Event - No booking required
St Hilda's Church, Stuart Avenue, L25 ONG

10pm
 Bagged Event - Bookings open at 7am
Elm Hall Drive Methodist Church, Elm Hall Drive, L18 1LF

10pm
 Bagged Event - Bookings open at 7am
Church of the Holy Spirit, East Prescot Road, L14 2EH

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



Liverpool Zero Waste Community

SUNDAY EVENTS
 6pm
 Bagged Event - Bookings open at 7am
The Place To Be, Eastern Avenue, L24 2SX

6.15pm
 Open Event - No booking required
The Place To Be, Eastern Avenue, L24 2SX

10pm
 Bagged Event - Bookings open at 7am
Church of the Holy Spirit, East Prescot Road, L14 2EH

Everyone is welcome and everything we distribute is free

By working in partnership, saving surplus food & building community; great things can happen!



Liverpool Zero Waste Community

HOW TO BOOK BAGS

- Send us a message via messenger at 7am on the day you want to collect, bookings before 7am are not accepted.
- If there is more than 1 event that evening, please specify the event you wish to attend.
- All bags are allocated on a 1st come, 1st served basis in the order we receive messages.
- Please only send 1 message, someone will always reply, if you message multiple times you will lose your place.
- If you are allocated a bag, it will be ready for collection at 10pm.
- Please only request 1 bag per household per 7 day period.

By working in partnership, saving surplus food & building community; great things can happen!



Liverpool Zero Waste Community

MONDAYS 1.00pm

Surplus frozen Nandos and KFC!

Don't forget your freezer bag!!

NO BOOKING REQUIRED!

The Church of the Holy Spirit, East Prescot Road, L14 2EH



Liverpool Zero Waste Community

FRIDAYS 12.30pm

Surplus frozen KFC!

Don't forget your freezer bag!!

NO BOOKING REQUIRED!

The Place To Be, Eastern Avenue, Speke, L24 2TA

We collect Zero Food Waste on Thurs and Fri, but recently, there hasn't been enough to offer out to families. As soon as we get more, we'll text out and let you know.



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HOUSING ADVICE OUTREACH

We can help with: disrepair, evictions, homelessness applications, landlord harassment, Property Pool Plus, rent increases and more

Location	When?	Time?
Joseph Lappin Centre (L13 5SH)	Mondays fortnightly from 4th January 2024	12pm - 3pm
Granby Toxteth Development Trust (L8 00F)	Every Tuesday	10am - 4pm
Our House, Walton (L4 6XB)	Tuesdays Fortnightly from 9th January 2024	10am - 2pm
Speke Children's Centre (L24 0TW)	Every Wednesday from 3rd January 2024	10am-2pm
Anfield Children's Centre (L4 2QG)	Every Thursday	10am - 12:30pm
Liverpool Arabic Centre (L8 0TP). For Arabic speakers, translator provided	Every Thursday	10am - 1pm
Sahir House (L2 2AH)	Third Thursday of every month	1pm - 4pm
Everton Community Shop (L4 4AJ)	Last Friday of every month	10am - 12:30pm
The Brink (L1 4JN)	Every Friday	10am - 2pm

SEEK HELP

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Measles

Message for parents and guardians of children from the Director of Public Health
Professor Matthew Ashton

Have you heard the news about measles? There is a large outbreak of measles around Birmingham. Many children have been admitted to hospital. It is likely that measles could spread to Liverpool.

Measles is a nasty infection and can make you very sick if you catch it. It starts with a high temperature and a cold with red eyes. Then you get a measles rash that spreads from your face to the rest of your body.

It is very easy to catch if you are not vaccinated. It spreads through coughs and sneezes.

Measles can be very serious for some people. It can cause pneumonia, encephalitis (brain infections) and sometimes even death.

How to protect yourself and your children from measles:

The MMR vaccine prevents measles. It is very safe. You need 2 doses to protect you for life.

All children are offered the MMR vaccine. It is free on the NHS.

If your child has missed any vaccine, book an appointment at your GP practice. Check your child's Red Book if you are not sure or ask the GP practice.

It is never too late to catch up if you have missed a vaccine.

For more information, visit: <https://www.nhs.uk/conditions/measles/>



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It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

Other illnesses Follow this advice for other illnesses:

Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a [high temperature](#), keep them off school until it goes away.

Chickenpox

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#).

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

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Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough, there's no need to keep them off school. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice but tie hair back. You can treat head lice and nits without seeing a GP.

Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups .

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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