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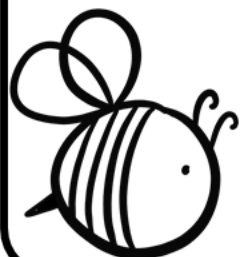
Other resources you will LOVE!



Please click the image to take you to this related and relevant resource:

Bodysensations Resourcepack

Lots of resources to help pupils identify body sensations linked to emotion. Suitable from EYFS to secondary



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SENSORY WORDS



A

achy
alive
acid
aromatic
aroma
abrasive

B

blurred
bleary
buzzing
bristly
bumpy
bloated
blocked
breathless
bubbly
burning
buzzing
biting
butterflies
banging
booming
bright
banging

C

cold
chilled
clammy
cosy
constricted
crawl
creeping
crackly
coarse
chattering
colourful
clenched
craggy
churning
Contracted

D

dizzy
dull
dense
dim
dingy
dry
damp
dazzling
dark

E

electric
energised
empty
elastic
ear-splitting

F

fuzzy
faint
faded
feathery
fluffy
feverish
fluttery
frozen
firm
furry
foggy
fiery
floppy
foggy
full

G

grumble
gurgling
goosebumps
gritty
growling
glowing
gloomy

H

hard
heavy
hot
hazy
hissing
hollow
hazy
huge
hoarse
hairy

I

icy
intense
itchy
inflexible
irritated

J

jarring
juicy
jagged
jumbled
Jumpy
Juddering
Jerky

K

knotted
knotty

L

lumpy
loud
lightheaded
large
leathery
limp
loose

M

metallic
moist
mumbling
mushy
muffled

N

Numb
narrow

O

oily
out of breath
overpowering

P

prickly
pounding
pulsing
pins and needles
pinching
piercing
panting

Q

quaking
quiet
quivering

R

rugged
ribbed
rocky
rough
rigid

S

swirling
spiky
spongy
stinging
stony
soft
smooth
slimy
slippery
scratchy
sharp
scalding
sticky
shaking
silky
shimmering
swishing
sweaty
slimy
sore
suffocating
silent
stiff
shuddering
spinning
shaking

T

tingly
tangled
tender
tickling
tough
trembling
tense
tiny
twitching
thorny

U

uneven
unbending

V

vibrating
vague

W

wrinkly
wobbly
whirling
wheezing
woolly
wiry
wet

