

Safeguarding & Keeping Safe

Progression of Key Themes and Concepts

Lower KS2

Cycle A

Keeping healthy, including nutrition, exercise and hygiene.

What should we do if we get lost?

Keeping safe in the local environment.

Conflict resolution, seeking help, staying safe.

Human Rights including right to safety, care, choices etc.

Cycle B

Keeping our bodies private, including NSPCC PANTS campaign.

What to do if something doesn't feel right.

How to tackle discrimination.

Water safety including getting help from emergency services.

EYFS

Adults who help us.

Asking for help.

Telling a grown-up if someone else is hurt.

Talking about worries.

Upper KS2

Cycle A

What to do if you are worried about your mental health or someone else's.

Isolation and exploitation.

Social media use and misuse including body image.

Safe internet use, online content and cyberbullying.

UN Sustainable Development goals—pupils start to appreciate that people in different societies have different safeguarding priorities.

Cycle B

Peer pressure and how to resist poor choices.

Anti-social behaviours including gang violence.

Taking medicines correctly.

Discrimination and legally protected characteristics.

How to report discrimination of self or others.

KS1

Cycle A

Knowing who to ask for help, including in school.

Keeping ourselves safe from hazards and risks, at home, outside and online..

Starting to assess risks and safety measures in different settings..

Age-restrictions and why we need them.

Cycle B

Identifying when we need support and asking for help

Exploring basic Human Rights, children identify their own rights.

How to ask for help for themselves and others.