



# Weekly Newsletter

FRIDAY 9th FEBRUARY 2024

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# Latest News

Dear Parents and Carers,

A few week's ago, we were visited by the BBC Morning Live team for a piece on British Sign Language (BSL) and CODAs (Children of Deaf Adults). It was aired on tv last Tuesday 6th and can be watched from 49minutes into the programme here: [BBC iPlayer - Morning Live - Series 5: 06/02/2024](https://www.bbc.com/iplayer/series/5/06/02/2024)



## NOW Festival performance

This weeks was a big week for our drama group who performed live on stage at the Lighthouse Theatre. They did brilliantly and even won the Creativity Prize!



## Rail Safe Friendly programme



Keeping children safe is our number one job—as parents and as educators—so we're pleased to have signed up to the Rail Safe Friendly programme. It would be great if you can join us at home! These are the videos/activities that children have done or will be doing in the next week or so:

KS2 – Watch <https://learnliveuk.com/network-rail-primary-school-safety-talk> then do the questionnaire slides <https://switchedonrailsafety.co.uk/resources/are-you-switched-on-safe/>

KS1 – Watch 2 short videos (5 mins and 3mins) <https://switchedonrailsafety.co.uk/resources/switched-on-travel-skills-with-train-guard-gerrard/> BEFORE watching <https://learnliveuk.com/ks1-primary-school-safety-talk/>

EYFS – This is a fun song <https://switchedonrailsafety.co.uk/resources/ready-check-go/> and Reception could also watch these videos <https://switchedonrailsafety.co.uk/resources/switched-on-travel-skills-with-train-guard-gerrard/>



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# Children's Mental Health Week

This week has been CHILDREN'S MENTAL HEALTH WEEK, and every class in Knotty Ash has explored the theme of Mental Health—what it is, how we can look after it, and what to do if we need help. There have been some thought-provoking topics of discussion, and lots of fun too! Here's a taste of the week we've had:



## This Week in Reception

positive affirmations and being close to nature and creativity



## This week in KS1



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# A-Z OF MENTAL HEALTH

Positive mental health and wellbeing makes us feel content, peaceful and valued. Use these tips to improve your mental health one letter at a time.

 <p><b>ASK FOR HELP</b> You are not alone, so reach out and ask for help</p>	 <p><b>BREATHE</b> Focus on your breath to find a sense of calm</p>	 <p><b>CONNECT</b> Connect with friends, family and trusted adults</p>	 <p><b>DETOX</b> Unplug from social media and other distractions</p>	 <p><b>EMOTIONS</b> Observe how you feel and label your emotions</p>	 <p><b>FIND SAFE PLACE</b> Go to a place where you feel safe and at ease</p>
 <p><b>GRATITUDE</b> Focus on the things you're grateful for</p>	 <p><b>HEALTHY HABITS</b> Create a balanced routine with healthy habits</p>	 <p><b>INQUIRE</b> Pause and ask yourself, 'how do I feel right now?'</p>	 <p><b>JOURNAL</b> Use a journal to express your thoughts and feelings</p>	 <p><b>KINDNESS</b> Be kind and compassionate to yourself and others</p>	 <p><b>LET GO!</b> Feel more energised, by moving your body</p>
 <p><b>MEMORIES</b> Visualise three things you are proud of</p>	 <p><b>NATURE</b> Improve your mood by exploring the great outdoors</p>	 <p><b>OPENNESS</b> Be open to new activities and notice what happens</p>	 <p><b>PATIENCE</b> It's okay to not be okay, so give yourself time</p>	 <p><b>QUIET</b> Take quiet moments every day to reflect</p>	 <p><b>REST</b> Be mindful, rest often and get plenty of sleep</p>
 <p><b>SUPERHERO</b> Stand in the Superhero Pose for two minutes every day</p>	 <p><b>THOUGHTS</b> Track your thoughts in a journal, and notice any themes</p>	 <p><b>UNIQUE</b> You are unique, and so is your mental health</p>	 <p><b>VOLUNTEER</b> Boost your self-esteem by giving back to others</p>	 <p><b>WORRY TIME</b> Schedule 'worry time' to help solve practical worries</p>	 <p><b>EXCITEMENT</b> Do more of the things that bring you joy and excitement</p>
 <p><b>YOU MATTER!</b> You are important and your feelings matter</p>	 <p><b>ZEN</b> Practise calming activities like yoga and meditation</p>				

Find out more about how Optimus Education can help boost your wellbeing at [healthinschoolsuk.com](https://healthinschoolsuk.com)



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# Measles

Message for parents and guardians of children from the Director of Public Health  
Professor Matthew Ashton

Have you heard the news about measles? There is a large outbreak of measles around Birmingham. Many children have been admitted to hospital. It is likely that measles could spread to Liverpool.

Measles is a nasty infection and can make you very sick if you catch it. It starts with a high temperature and a cold with red eyes. Then you get a measles rash that spreads from your face to the rest of your body.

It is very easy to catch if you are not vaccinated. It spreads through coughs and sneezes.

Measles can be very serious for some people. It can cause pneumonia, encephalitis (brain infections) and sometimes even death.

*How to protect yourself and your children from measles:*

The MMR vaccine prevents measles. It is very safe. You need 2 doses to protect you for life.

All children are offered the MMR vaccine. It is free on the NHS.

If your child has missed any vaccine, book an appointment at your GP practice. Check your child's Red Book if you are not sure or ask the GP practice.

It is never too late to catch up if you have missed a vaccine.

For more information, visit: <https://www.nhs.uk/conditions/measles/>



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# Half Term Eat to Meet Holiday Programme

As Half term approaches, please see below details of the 'Feb Half Term Eat to Meet holiday programme'.

The February "Eat to Meet 2" Half Term programme starts on the 12<sup>th</sup> February and there are lots of great activities happening over the school holidays. Children and young people, from reception to age 16, who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the half term holidays including specific provision available for children with SEND or additional needs, at no cost. There's a great range of activities across the city including activities linked to Chinese New Year, Shrove Tuesday, and Valentine's Day as well as boxfit, football, music, dance, cycling, gymnastics, smoothie making bike, cooking, discos, archery, arts and crafts, drama, tri-golf, trips out and zorbing! Every day there will be a range of fabulous meals available with many schemes holding family events as well.

To find out where your nearest scheme is click on this link <https://merseyplay.com/february-half-term-eat-to-meet/> or go to <https://www.merseyplay.com> and click on the February Eat to Meet half term activities link.

When a parent/guardian/carer has chosen the activity/scheme they will need to contact that organisation to book a place. Each organisation will have either a telephone number, email address or online booking system. If their child has any additional needs or dietary requirements then they will need to discuss this with the organisation when they book. There is no central booking system so they will need to read the details of the programmes on the website and contact the providers directly.

If you want to know how to register or how to check if your child is eligible for free school meals then please click on the link <https://www.gov.uk/apply-free-school-meals>

- You will need your national insurance number or an asylum seekers support number.

If you are struggling with the cost of living then please click: <https://www.liverpool.gov.uk/cost-of-living/>

If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. Click on the link to find out how to register <https://www.healthystart.nhs.uk/>

Liverpool City Council is working with Mersey Play Action Council, local schools, voluntary and community organisations, and childcare providers to deliver the Eat To Meet Half Term Activity programme.

The Family Information and SEND Directory also provides a wealth of useful information and support for families - [FISD](#).



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# What have we been learning? Nursery



This week in nursery we have been enjoying learning more about 📧 Lunar New Year. We have been writing some Chinese words and numbers , we have been making Chinese lanterns , we have been making long and short Chinese Dragons and we acted out the story of the Emperor's race when they decided which year the animals would represent .

In maths we did some shopping with 1p coins, counting out amounts up to 10p and we compared dragons to see which ones were longer or shorter.

In phonics we found out all about the H sound as in Helicopter .

We practised lots of gross motor skill activities outside including walking on stilts .

We are now looking forward to our Half Term break and some of us are hoping to go and see the Dragon Dancing at the Lunar New Year Parade on Sunday in China Town in Liverpool.

Happy Half Term - send some photos if you go to the parade!

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# What have we been learning?

## Reception



This week Reception have had a lovely time learning all about mental health and enjoying lots of lovely activities. We started the week off talking about affirmations and making an 'Affirmation Mirror' at our Affirmation Station. We made some Mindfulness Magnifiers and talked about different ways we can calm if we're feeling wobbly. They had a very mucky, but fab session over in Forest School with Mrs O'Hanlon. They also made 'Big Feeling Barometers' to take home to be able to talk about their feelings and how big or small they may be.

In Phonics we did the sounds 'z as in zip' and 'zz as in buzz'. In Maths, we have started to learn about addition using the 'part-part whole' model.

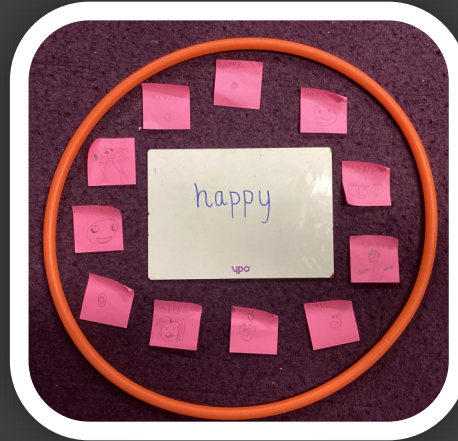
Thank you for a lovely week Reception. I hope you have a super weeks break. 😊

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# What have we been learning?

## Year 1



This week Year 1 have fully embraced Mental Health Week. We've spoken about what mental health is and done a variety of activities such as dancing, art, forest school, yoga and massage. The children have been looking at numbers to 20 in Maths this week. We've focused on numbers 11-20 over the week looking at tens and ones in each number. In English, the children finished writing their non-fiction books all about hazards in your home. They were so proud of what they created which was lovely to see. In Geography, we looked at different types of weather and discussed which we see most in the UK. We then finished the week with a well deserved, mindful treat of a film and popcorn to end mental health week. Well done to all children in Year 1 for how hard they've worked this half term and we hope that all our families have a lovely and restful half term.

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# What have we been learning? Year 2

sorry...photos next week



This week Year 2 have been thinking about their mental health and all the different feelings they may feel in a day. Together, they have come up with strategies for themselves to feel calmer and also how they can help others who may be having a bad day.

The children have followed instructions for how to make their own pizzas! They even cooked and ate them! They then had a go at writing their own instructions for someone else to follow.

The children said goodbye to our lovely student teacher, Miss Jones. We all finished the week with a little party and some dancing!! We wish her all the best in her next school.

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# What have we been learning?

## Year 3



Year 3 have had a fantastic week! They enjoyed a Mental Health carousel of activities to enhance their mental wellbeing including; Forest School, Art and Craft, Football and Track and dancing. All of the children chose their own activity and a great time was had by all, especially Mr England who channelled his inner dancer. We loved The Colour Monster story in our reading lessons and used our knowledge of colours and feelings when we did some colour mixing in Art. In English we have been looking at newspapers and continuing to read The Wilderness War. In Maths we have been continuing with our times tables and have been working on measuring length in metres, centimetres and millimetres. We have loved teaching you this half term and wish you all a fabulous break.

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# What have we been learning?

## Year 4



This week, Year 4 have had a bit of a different week as they have been taught by both Mr England and Miss Gibson in Mrs Murphy's absence. We have been really enjoying visual literacy lessons all based on the short film 'Francis.' (We've attached the link in case you want to watch it at home) [CGI Animated Shorts : "Francis" - Directed by Richard Hickey | TheCGBros - YouTube](#). In these lessons the children have been carefully considering the character of Francis; who she was and how she may have thought. They have written journal entries thinking about her inner monologue and how this may have represented itself on the page of her jotter. The children have also considered what may have happened to Francis, as well as producing 'Missing' posters for her. It has been so lovely for us to watch the children really immerse themselves in the film this week and produce some work of real quality.

In addition to this, we have been continuing our maths topic on length, which this week took us to exploring perimeter.

The children have also thoroughly enjoyed all of the mental health week activities they have done throughout the week (they were very nicely timed after a long half term!)

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# What have we been learning?

## Year 5



This week year 5 have been enjoying lots of activities linked to Mental Health Week 2024. We have enjoyed an online dance session during a live stream with other schools in Liverpool, we have spent time outdoors in forest school and we have taken part in some meditation and exercise sessions. We have also explored mental health through art and have created paintings and drawings using watercolours, oils and pencils. Some of these works will be entered into the DOT art competition so watch this space for details on how to vote for your favourite. Some of our children also went to the Lighthouse theatre to perform a short drama piece about Adverse childhood experiences. They were absolutely brilliant and we are all very proud of them.

In Science, we have investigated different forces and conducted a series of experiments to show how these forces work. In RE, we have continued to look at Buddhism and we have worked in groups to create a short drama piece to show the paths Buddhists choose to follow to end suffering in their lives and the lives of those around them. In English, we have created a journal based on a short film called Francis. We used our imagination to show what Francis may have been feeling and thinking. Finally, in maths, we have been brushing up on our times tables playing bingo and TT Rockstars.

We are all looking forward to our half term break and hope to see everyone return rested and ready to continue reading Animal Farm to find out what happens to Boxer, Napoleon and Mr Jones.

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# What have we been learning?

## Year 6



It's been Mental Health week this week and the children have benefitted from some great opportunities to work on their MH awareness. They had a fantastic Q and A session with Lenka, who is a mental health counsellor and advisor, specialising in the deaf community. She talked about many issues and techniques, such as building and maintaining self esteem, dealing with people that try to bring you down, dealing with challenges in life and maintaining a positive attitude. As Lenka is deaf, the children benefitted from hearing about her experiences of adversity and support in secondary school. They also got to practice their signing too, although Lenka was accompanied by our own Mrs Rigg as BSL translator. In addition to this session, they had a fabulous carousel afternoon too, which included a survival team game, art creation in the Forest classroom, multi-sports and yoga.

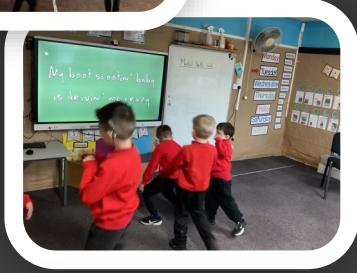
On a more strictly academic note, the children have been working very hard on their balanced argument piece in English. They've been considering whether Boxer the horse was right to give the last ounce of his strength for the animal revolution in George Orwell's book: 'Animal Farm'. As well as writing in a formal style and using correct phrasing, such as 'In contrast...', they've had to carefully select their arguments and match them with an equally valid counter argument. It's involved a lot of discussion, high level thinking and hard work. For some of our children, this written project isn't suitable - so instead they've been working hard to make a small play version of the story. They chose a character to portray and thought carefully about what that character looks like and how they move. They also wrote some lines of dialogue and then filmed some short scenes. They've all really impressed me with their determination to show the best of themselves. What a class they are! Here's to taking a break, before we embark on an intensive three months of SATs preparation!

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# What have we been learning?

## DRB 1



It's been another busy week in infant DRB. We have been sequencing 10 pictures in order of how we made pancakes, so we could retell what was happening in each scene. We've started labelling who? and doing what? in language too.

We have done a lot this week for Mental Health Week. We loved having massages to help us feel relaxed, doing some yoga to help us focus and enjoyed dancing our heart out to songs within our classroom! We've also talked about our feelings and recognised that we are strong, kind, brave, positive, and creative too.

Big news!! DRB finally got together to put all our new year resolutions and some interesting facts about us in our time capsule box. We teamed up and went outside to dig up a spot in forest school. This time next year, we will be digging this all back up - Watch this space 😊

Have a lovely half term to all our families!

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# What have we been learning?

## DRB 2



Mental Health Week 2024 was a blast! The week was started off by us participating in activities in Forest School followed by dancing in the hall with Mr England! On Tuesday, we were lucky enough to have a session with Lenka, a NHS Mental Health Worker, who talked to us about the importance of sharing our worries. Lenka recommended a lovely book for us to read 'The Boy, the Mole, the Fox and the Horse' and a lovely book it was. The BBC have realised a short animation film of the book: if you would like to watch the film, please click the link below. We also spent time fire building, den building and reading books in Bright Park. Links to follow for this week:

The Boy, the Mole, the Fox and the Horse - <https://www.bbc.co.uk/iplayer/episode/m001gn7t/the-boy-the-mole-the-fox-and-the-horse> To watch our wonderful school and DRB BBC Morning Live click the below link: <https://www.bbc.co.uk/iplayer/episode/m001w310/morning-live-series-5-06022024>

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# Attendance



Class	Attendance
Reception	92.4%
Year 1	91.7%
Year 2	91.8%
Year 3	93.1%
Year 4	88.6%
Year 5	92.0%
Year 6	95.8%

Whole school attendance this week **92.2%**

Class attendance winners **Year 6 95.8%**

Well done to everyone who's been in school every day this week. If you feel a bit poorly or you have an appointment, try to come in for as much of the day as you can.

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**MAKING MONEY  
MAKE SENSE**



Do you need help or advice with:

**Money management**      **Maximising income**  
**Budgeting**                      **Welfare benefits**  
**Banks/credit options**      **Energy efficiency**  
**Housing**



**We can offer advice and support that is  
free, independent and confidential.**



**Signs of a Rainbow CIC**

will be at Knotty Ash Community Hub

Tuesday afternoon—1.00 —3.00 pm

Wednesday morning 9.30—11.30 am

Please contact Ruth Carson on 2284222 to make  
an appointment

or complete a Googlform [https://forms.gle/  
cbwKstUAtnk15F3M7](https://forms.gle/cbwKstUAtnk15F3M7)



**BROADBAND SOCIAL TARIFF**

If you are on means-tested benefits, you may be eligible for the Social Tariff, which can work out at about £12.00 a month. Most of the big providers have signed up to this, if your provider does not, then change to another company.

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# Term Dates and Events

12th—16th February	HALF TERM
Thurs 7th March	World Book Day (wear something green)
Fri 15th March	Red Nose Day
18th—22nd March	Parent-Teacher meetings
Thurs 28th March	2pm End of Term
29th March—12th April	EASTER HOLIDAY

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# Family Activities & Support

The latest edition of the Liverpool Parenting Newsletter is here.

[www.allabout-family.co.uk/liverpool](http://www.allabout-family.co.uk/liverpool)

You will find new information about local support available for families and children in Liverpool, along with information regarding events and activities on offer running from March to May 2023.

We have also been sent information about Family Learning and Engagement Courses run by LCC Adult Learning Service. This can be found on our school website, link here:

<https://knotty-ash-primary-school.secure-primariesite.net/family-information-and-support/>

For families in receipt of benefits related free school meals, there are a variety of activities over the Summer break, all of which are free and include a meal:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

Locally, St John's Church offer a range of community groups and activities for families:

<https://www.stjohnsknottyash.org/our-community>

There's also a range of groups and activities available at Yew Tree Children's Centre for parents whose children are 0-5 years.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/yew-tree-childrens-centre/>

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## PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING FEBRUARY HALF TERM 2024



[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)

### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

### TESCO

Kids eat free with a purchase of 60p+ from  
From Mon 12th - Fri 23rd February 2024

### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

### BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

### GREENE KING PUBS

Kids Eat Free all-day with the purchase of an adult's meal. Deal, Monday-Friday, between Mon 12th - Friday 23rd February 2024

### TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

### TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase a full priced adult's main meal (App needed)

### IKEA

Kids get a meal from 95p daily from 11am

### MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

### GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

### YO! SUSHI

From Mon 12th - Fri 23rd February 2024 kids eat free with every £10 adult spend

### BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

### DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

### TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

### PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

### HUNGRY HORSE

Kids eat for £1 on Mondays

### FUTURE INNS

Under 5s eat for free with any adult meal.

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# HOUSING ADVICE OUTREACH

We can help with: disrepair, evictions, homelessness applications, landlord harassment, Property Pool Plus, rent increases and more

Location	When?	Time?
Joseph Lappin Centre (L13 5SH)	Mondays fortnightly from 4th January 2024	12pm - 3pm
Granby Toxteth Development Trust (L8 00F)	Every Tuesday	10am - 4pm
Our House, Walton (L4 6XB)	Tuesdays Fortnightly from 9th January 2024	10am - 2pm
Speke Children's Centre (L24 0TW)	Every Wednesday from 3rd January 2024	10am-2pm
Anfield Children's Centre (L4 2QG)	Every Thursday	10am - 12:30pm
Liverpool Arabic Centre (L8 0TP). For Arabic speakers, translator provided	Every Thursday	10am - 1pm
Sahir House (L2 2AH)	Third Thursday of every month	1pm - 4pm
Everton Community Shop (L4 4AJ)	Last Friday of every month	10am - 12:30pm
The Brink (L1 4JN)	Every Friday	10am - 2pm

SEEK HELP

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It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

**Other illnesses** Follow this advice for other illnesses:

### **Coughs and colds**

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

### **High temperature**

If your child has a [high temperature](#), keep them off school until it goes away.

### **Chickenpox**

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

### **Cold sores**

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or to share things like cups and towels.

### **Conjunctivitis**

You don't need to keep your child away from school if they have [conjunctivitis](#).

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

### **COVID-19**

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

### **Ear infection**

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

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## Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough, there's no need to keep them off school. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

## Head lice and nits

There's no need to keep your child off school if they have head lice but tie hair back. You can treat head lice and nits without seeing a GP.

## Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups .

## Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

## Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

## Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

## Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

## Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

## Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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