



Weekly Newsletter

FRIDAY 17th NOVEMBER 2023

Loving Learning Together



Latest News

Dear Parents and Carers,

What a week it's been! We started on Monday with a celebration in the Anglican Cathedral. Organised and led by Knotty Ash staff, the event saw children from 20 local schools coming together for the Anti-Bullying Schools' Project. They performed uplifting signed songs and heard speeches written by young people who've experienced bullying, and read by local dignitaries.

Well done to all the children who attended and thank you to our DRB staff who led preparatory workshops at other schools, organised the event and led it so brilliantly!



And the week ended with the fun and fundraising of Pudsey Day. There were lots of themed activities for the children to enjoy. Thank you to everyone who bought raffle tickets or Pudsey items, or just sent in a donation. We'll let you know once the money has all been counted!

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Zones of Regulation

You may remember a few weeks ago I wrote about the Zones of Regulation approach we have introduced in school. I thought it would be worth sending some more information now it has become more embedded in school. Children may be using the 4 colours to describe how they're feeling so it would be good if you're familiar with what they mean.

The idea of the approach is to help children to recognise their emotions and then learn strategies to help regulate them.

Feelings, states of alertness and energy levels are categorized into 4 colours. Children learn to recognise which colour zone they are in, if it is the right zone for the situation or if they want to regulate to a different zone.

Supplementary Reproducible E for Elementary Ages

THE ZONES OF REGULATION

The ZONES of Regulation

Blue Zone Sad Bored Tired Sick	Green Zone Happy Focused Calm Proud	Yellow Zone Worried Frustrated Silly Excited	Red Zone overjoyed/Elated Panicked Angry Terrified

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Adapted from *The Zones of Regulation 2-Storybook Set* | Available at www.socialthinking.com

For more information, go to <https://zonesofregulation.com/>

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Today, we were delighted to officially unveil the new outdoor gym equipment. Some is in the Junior yard and some in the Infants. We want to offer a range of options to the children to keep themselves fit and healthy.



The y6 scissor-bearers cut the tape on each piece of equipment before everyone had a go!

Finally, a special well-done to Hanis this week. As a dedicated member of our Signing Choir, she was one of a group who stepped up to lead the school in a rendition of 'Roar' during a special Pudsey assembly. She knew the signs and was confident in leading a hall full of children, staff and visitors. I was so proud of her!



wishing you all a lovely weekend! Miss CB x



What have we been learning? Nursery



This week has been a busy week in nursery. It is World Nursery Rhyme week 2023 . On Monday we sang and learned all about Jack and Jill . We ordered pictures of the rhyme and filled buckets with water to learn the language of capacity - empty, full and half full. On Tuesday we sang Hickory Dickory Dock . We acted out the rhyme with clocks and mice . We also looked at clocks and books about Time . We played "What's the time Mr Wolf ?" in PE . On Wednesday we had fun doing "Head, shoulders, knees and toes. We sang the rhymes and sequenced the actions . We played a positional language game with beanbags -put the beanbag on your head etc .

On Thursday it was Children in Need day and we all dressed up in Pudsey gear. We did some Pudsey BSL .

Our last 2 nursery rhymes are Row your Boat and Wheel on the Bus. We have got lots of great activities lined up for them.

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What have we been learning?

Reception



This week, Reception have started learning about People Who Help Us in our community. We had an exciting visit from our local Police Officers from Tubrook Police Station. We talked about where they work, who they work with, what they wear and why and what kind of things they do every day. One of our children even got to have a go at radioing in for "back-up" 😊

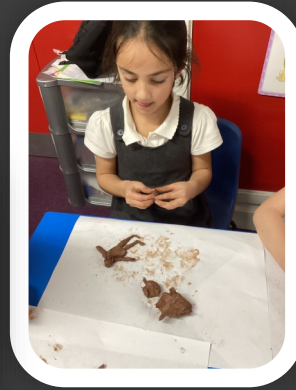
Next week we are hoping to have a visit from some Fire Fighters and fingers crossed they're going to bring their Fire Engine too but shh 🤫 I haven't told the children yet 😊

In Phonics we have done the sounds "e" as in egg and "u" as in umbrella. We have also started learning about 3D shapes in Maths.

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What have we been learning? Year 1



This week Year 1 have had a creative week we made this clay beings inspired by Lucy Casson and painted their diva lamps. In English, we've been reading the story 'The Red Tree' looking at the message it shares through the red leaf. In Maths, we've started looking at part whole models. In computing, the children learnt how to write a sentence using the keyboard of a laptop. Miss Gloria came into class to teach the children the signs for Children in Need. In PE, the children were practising their jumping skills imagining that they were in space. We've had a brilliant week and the children are all looking forward to their cinema trip on Monday!

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What have we been learning? Year 2



This week Year 2 have had a lovely week exploring feelings. They have been reading the book "The Red Tree" by Shaun Tan. The children have been working hard with their writing and questions we might ask people who are feeling sad. This was followed up with a P4C session on "Would you want to feel happiness all of the time?". It was a very interesting debate and the children came up with excellent arguments for and against the question.

In art the children had the opportunity to create their own beings based on the artwork of Lucy Casson. We had relaxing music playing whilst the children got messy and creative. The children enjoyed a massage session this week and appreciated the time to reflect and relax. They look forward to their massage session each week.

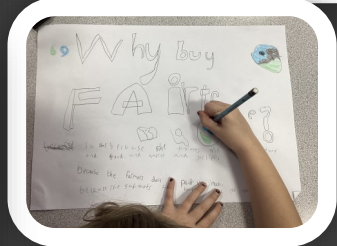
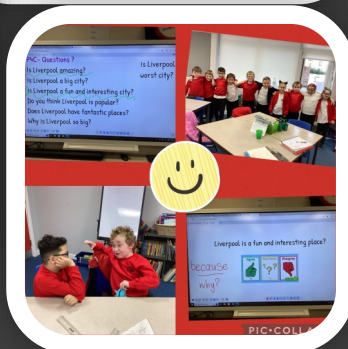
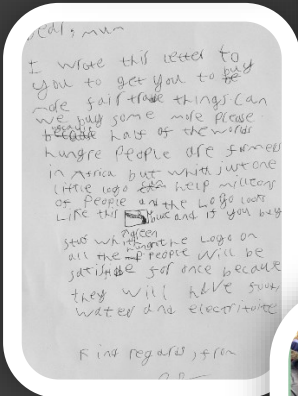
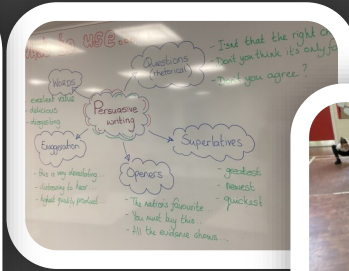
In maths the children have started a new topic...addition and subtraction. They started this week by recapping on number bonds to 10!

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What have we been learning?

Year 3



Another busy week in Year 3. We started the week talking about persuading others to share our opinions. We learnt about Fairtrade and how buying things with the mark affects lives all over the world. The children made some fantastic posters to influence others. We continue addition and subtraction in Maths and have applied it in our Pudsey colouring in. In Forest School we learnt how to use a bow saw to create pieces of wood to make some Christmas 🎄 decorations. We ended the week with a Pudsey Treasure Hunt and some beautiful dancing during PE.

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What have we been learning?

Year 4



It has been a fun filled week in Year 4! In Maths, we finished our topic on rounding to the nearest 10,100 and 1000. In English we started looking at persuasive language and we have planned a persuasive letter to try and encourage our parents to buy more Fair Trade products. We will start writing these letters next week! We started looking at our new topic in Science which is light. We looked at different light sources and the meaning of a reflection. We also identified light sources that were natural and artificial. Our new topic in Inclusive Curriculum is all about Liverpool. We had a visitor to class on Wednesday who was new to Liverpool and we had to advise him on places to visit. We then discussed what makes Liverpool famous and we had to create a poster explaining this. We also took part in BBC Children in Need where we got the pleasure to dress up twice! We made Pudsey biscuits, designed a new Pudsey t-shirt and we did some Pudsey multiplication!

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What have we been learning?

Year 5

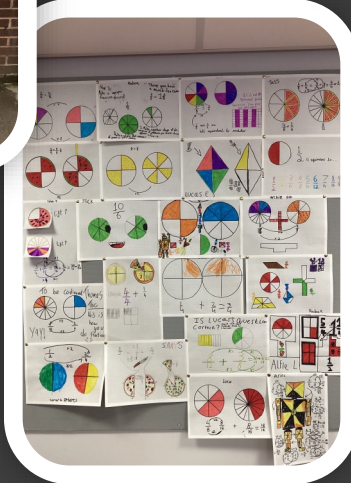


This week, Year 5 have enjoyed learning about column addition and subtraction. In English and the Inclusive Curriculum, they have really enjoyed learning about persuasion and protests. On Thursday, we went on a protest March around the Knotty Ash grounds to spread our message of equality and peace. The children made signs and created rhyming chants! It was very empowering! We also enjoyed Pudsey week and wrote our own Pudsey story featuring our own teddies! We also got stuck in to Forest School, Swimming and Chess. In PE, we explored making shapes with our bodies and doing it in sync with our friends.

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What have we been learning? Year 6



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What have we been learning?

DRB 1



What a fabulous week we have had. Nursery DRB had an exciting visit from the police station. Three lovely police men/women came along to talk about their job role and how they help our community. In Infant DRB, we have been polishing off our number recognition and addition skills. For children in need, we made some delicious colourful cupcakes together. We carefully measured all the ingredients, mixed it together with a wooden spoon and voila! We made some red, green, blue and yellow cupcakes! We loved colouring in our Pudsey too!

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What have we been learning?

DRB 2



We have had one of the best weeks ever in KS2 DRB. On Monday we went to the Anglican Cathedral to join lots of other children who were taking part in the Anti Bullying Schools' Project. Then on Tuesday, we took our first ever trip in the new school minibus. We went all the way to Knutsford to see a subtitled movie – it was great fun! We carried out research about how Children in Need first started and discovered lots of interesting facts. We did a Pudsey mile to keep fit. We have made Pudsey biscuits and decorated them and we also wrote instructions about how we did this! We found out that we have a Morris Dance champ in our class and we all had a go at learning some of the steps. We are all ready for the weekend.

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Attendance



Class	Attendance
Reception	98.5%
Year 1	97.2%
Year 2	97.5%
Year 3	99.4%
Year 4	96.4%
Year 5	85.8%
Year 6	98.3%

Whole school attendance this week **96.2%**

Class attendance winners **Year 3 99.4%**

Great effort this week!

Well done to all the children who were in school every day, especially Year 3, Year 6 and Reception for getting attendance over 98% - brilliant!

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Term Dates and Events

Monday 20th November	Cinema Trip for y1-6
Monday 20th November	Parent-teacher meetings
Tuesday 21st November	Parent-teacher meetings
Thursday 30th November	Phonics information session—Rec & y1
12th-14th December	Christmas Performances

Term dates for this year and next year are available on the school website:

<https://www.knottyashprimaryschool.co.uk/school-term-dates-and-inset-days/>

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**MAKING MONEY
MAKE SENSE**



Do you need help or advice with:

Money management	Maximising income
Budgeting	Welfare benefits
Banks/credit options	Energy efficiency
Housing	



**We can offer advice and support that is
free, independent and confidential.**



Signs of a Rainbow CIC

will be at Knotty Ash Community Hub

Tuesday afternoon—1.00 —3.00 pm

Wednesday morning 9.30—11.30 am

Please contact Ruth Carson on 2284222 to make
an appointment

or complete a Googlform [https://forms.gle/
cbwKstUAtnk15F3M7](https://forms.gle/cbwKstUAtnk15F3M7)

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Family Activities & Support

The latest edition of the Liverpool Parenting Newsletter is here.

www.allabout-family.co.uk/liverpool

You will find new information about local support available for families and children in Liverpool, along with information regarding events and activities on offer running from March to May 2023.

We have also been sent information about Family Learning and Engagement Courses run by LCC Adult Learning Service. This can be found on our school website, link here:

<https://knotty-ash-primary-school.secure-primariesite.net/family-information-and-support/>

For families in receipt of benefits related free school meals, there are a variety of activities over the Summer break, all of which are free and include a meal:

<https://merseyplay.com/summer-haf-holiday-activities-food-2023/>

Locally, St John's Church offer a range of community groups and activities for families:

<https://www.stjohnsknottyash.org/our-community>

There's also a range of groups and activities available at Yew Tree Children's Centre for parents whose children are 0-5 years.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/yew-tree-childrens-centre/>

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It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

Other illnesses Follow this advice for other illnesses:

Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a [high temperature](#), keep them off school until it goes away.

Chickenpox

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#).

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

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Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough, there's no need to keep them off school. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice but tie hair back. You can treat head lice and nits without seeing a GP.

Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups .

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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